

# WELCOME TO THE CULINARY CLASSROOM WHERE WE TEACH COOKING CLASSES TO THE MASSES

CHANGING THE WAY WE EAT, ONE MENU AT A TIME

Bring your creativity and questions as you explore Cooking and Pastry/Baking to start a new career or to impress your friends with your SKILLS as a Master Chef or Pastry Chef

- KIDS Summer Cooking and Baking Camps!!! Ages 7-15
- 18-Week Culinary Master Chef Program Certification Program
- 10-Week Culinary Baking/Pastry Program Certification Program
- Recreational Cooking AND Baking Classes
- Couples Romantic Date Night Dinner Classes
- 4-Week Culinary Basics Cooking Series
- 4-Week Healthy Cooking Series
- 4-Week International Cuisine Cooking Series
- Team Building Events for Corporations
- Private Cooking Parties/Celebrations for Adults

Gift Certificates Available Via Email – The Perfect Gift for ANY Occasion
Register On-Line 24 Hours a Day @ <a href="https://www.culinaryclassroom.com/registration">https://www.culinaryclassroom.com/registration</a>
Sign up for our Newsletter – we'll send you Class Listings and Seasonal Recipes!

Cook Well, Eat Well and BE Well! With Chef Eric Crowley

Convenient Parking/Freeway Close-405/10

1 Block East of Overland, Just North of Pico - Parking Just North of Pico on Overland
2366 Pelham Avenue - Los Angeles, CA 90064 -- Phone: 310-470-2640 - Fax: 310-470-2642

www.facebook.com/chefericsculinaryclassroom -- www.twitter.com@chefericcrowley

# "After having CHEF ERIC as an instructor, I went on to excel at the Cordon Bleu school and Patina Restaurant." Mark Dao, Owner of Un Deux Trois Catering

"When looking for a culinary school, how I learned was just as important as what I learned. Chef Eric's love of teaching helps everyone get the most out of the class. After taking the Pro Course I, I have gained the confidence and curiosity to take on more tasks in the kitchen."

# Steve Cuevas, Graphic/Web Designer, Culinary Chef I Student

# **CHEF ERIC JACQUES CROWLEY**

Chef Eric's mother was a Gourmet Cook and he grew up eating gourmet meals. During college, he started to learn to cook and fell in love with it. CHEF ERIC graduated with honors from the Culinary Institute of America in Hyde Park, New York. He has been a Professional Chef and Professional Chef Instructor for thirteen years and has owned and operated the Culinary Classroom for 8 wonderful years. Europeantrained with Chef José Munisa at Via Veneto, Barcelona's longest-running 5 Star Restaurant, and Chef Joseph Russwürm at Munich's Hotel Kempinski, a 5 Star establishment. His training in Europe rounded out his culinary education and enabled him to take his cooking and palate to a higher level of sophistication.

In the United States, he worked with **Patina Catering-of the Patina Restaurant Group-**supervising corporate and personal events from an intimate 4-person lunch or dinner to a boisterous crowd of 2,000 for lunch, dinner or appetizers. **He has cooked meals for presidential candidates, vice presidents, show business executives, celebrities and numerous personal clients.** He has also prepared elaborate private dinners and specialty meals for country club and consulate guests.

Chef Eric's Cooking Demonstrations include Vacation Fest in Santa Monica with Chef Mario Martinoli, The Taste of Santa Monica, The Great Tastes of Brentwood, Bloomingdales Department Store in Century City, and Surfas Restaurant Supply in Culver City. He has appeared on KCRW with Evan Kleiman of Good Food Live and on KFI with Mario Martinoli of The Mario Martinoli Show. He has participated in Corporate Health Fairs and given Demonstrations on-site for numerous Companies and Corporations.

Chef Eric hosted television shows at the Culinary Classroom including NBC's Channel 4 Reporters for a Cooking Class Session, Good Day LA, Channel 11's Morning Show, as they joined him LIVE to see the Children's Summer Cooking Camps in action, E!Entertainment and Your LA on Channel 4 as they showcased his Couples Romantic/Date Night Cooking Classes, and the Associated Press as they highlighted our Children's Summer Culinary Camps. He has been a Guest Chef on CitiCable 3's Community Cooking Television in Torrance. He and the Classroom have been featured on SoCal.com and LA's The Place – Los Angeles Magazine at lastheplace.com. He has been written up in the Los Angeles Business Journal, The Orange County Register, the Beverly Press News, and Valley Scene Magazine.

Chef Eric is a **C-Cap Program Judge** and **Scholarship Sponsor** for the Los Angeles Unified School District (Career Through the Culinary Arts). He is also a **Mentor** for the **Culinary Institute of America** (CIA), supporting interns with their requirements to attend the CIA and hosting open houses for potential CIA students. Interns may apply to work with Chef Eric via email.

CHEF ERIC has taught professional and recreational cooking classes to thousands of students since 1999. Many of his students are successful Restaurant Owners, Chefs, Caterers, Personal Chefs and Home Chefs. His culinary, catering, and teaching career is studded with accolades from students, clients, and employers. His love of gourmet food, cooking, and teaching is apparent. **Come take a class with him!** 

"Chef Eric and his staff are incredibly knowledgeable; the class layout was well-organized, the ingredients top notch and the recipes delicious!"

Jacquelyn Richey – Culinary Chef I Graduate, Home Chef

"Thank you very much for your hospitality - we will definitely be recommending your Culinary Classroom to friends and colleagues. We look forward to working with you again."

Joshua Goeppner, Marumoto & Associates/American Express Financial Advisors Inc. (6-Year Return Client)

# Team Building Events - Corporate Events - Private Cooking Parties

The Culinary Classroom offers an excellent option for Team Building Events. Hands-on Cooking Classes give participants the opportunity to Improve Communications, Decision-Making Skills and Boost Morale, while learning a new skill to share with friends and family.

Many Law Firms and Professional Offices come to the Culinary Classroom as a place for new Employees/Associates to meet and work together with co-workers. Book a date and bring your employees; it's that simple. We help you design the Menu, shop and, most importantly, clean up!

We provide the service, ingredients and equipment to create your special occasion. Be a guest at your own event and give everyone a time to remember. The fruits of three hours of labor are enjoyed by all at the end of the Class for a Formal Sit-Down Meal with Tablecloths and Candles, or a more casual Hors d'oeuvres Event. We will clear your plates and bring you dessert. See our website for testimonials and pictures and call us to discuss this fabulous idea for your next special occasion.

# <u>Private Cooking Celebrations – Private Cooking Parties</u>

Families and Groups can celebrate any occasion by coming to the Culinary Classroom instead of a Restaurant or Banquet facility. Celebrate a Birthday, Graduation, Engagement, Anniversary, Wedding Shower or other Social Event with a Private Cooking Celebration at Chef Eric's Culinary Classroom. Your friends and family will leave with pleasant memories.

The Private Cooking Celebration allows participants to be as active in the kitchen as they wish. Book a date and bring your friends and family; it's that simple. We help you design the Menu, shop and, most importantly, clean up! We provide the service, ingredients and equipment to create your special occasion. Be a guest at your own event and give everyone a time to remember. The fruits of three hours of labor are enjoyed by all at the end of Class for a Formal Sit-Down Meal with Tablecloths and Candles, or a more casual Hors d'oeuvres Event. We will clear your plates and bring you dessert. See our website for testimonials and pictures and call us to discuss this fabulous idea for your next special occasion. These parties are for adults only.

Silver Level \$125 Per Person Gold Level \$150 Per Person Platinum Level \$175 Per person

Please call Chef Eric Crowley at (310) 470-2640 to discuss this fabulous and economical idea for your next Team Building Event, Holiday Party, Corporate Event, Client Appreciation Dinner, Private Cooking Party, Appreciation Dinner, **Brunch, Lunch, Cocktail Party, Dinner, Iron Chef Event, or any** Special Event. Our Menus include everything from **Appetizers, Soups, Salads, Side Dishes, Entrees and Fantastic Desserts**. There is a 10 Person Minimum and a 16 Person Maximum.

A Non-Refundable Deposit of \$750 is required to secure the date of your event. There is a 15% Gratuity added to your final bill. We look forward to serving you. Chef Eric and the Culinary Classroom Team

#### **CULINARY MASTER CHEF PROGRAM**

#### Please call our office if you would like to audit a Program Class free of charge!

Passionate about Cooking? Exploring the world of Culinary Arts? Thinking about a career as a Chef? Whatever your goal, we have a program or class for you. Many of *CHEF ERIC's* students are cooking professionally in restaurants, and as caterers and personal chefs. Many others are simply more confident in their private kitchens cooking for their families, hosting dinner parties and creating wonderful meals and baked items. We assist in career guidance.

#### CULINARY MASTER CHEF PROGRAM – 18 Weeks - \$2,500

Includes the Culinary Institute of America's Textbook, Embroidered Chef Jacket, Chef Apron
This information-packed series is what CHEF ERIC spent years learning at the CIA

Sundays, 9/9/12-2/3/13 9:30am-1:00pm Tuesdays, 9/18/12-2/5/13 6:30pm-10:00pm

- Hands-on techniques for immediate application in today's kitchens
- · Ingredients are fresh and unprocessed
- Every student learns to prepare meals without recipes
- New Vegetarian Recipes
- Certificates are awarded upon completion of classes
- Pass the County Food Handlers Exam
- Class #1 Knife Skills/Introduction to the Kitchen The most important basic technique taught to all culinary students. Includes Basic Kitchen Equipment and Sanitation Instruction.
- Class #2 Stocks A great stock is the key to many recipes, Fish, Chicken, and Beef.
- Class #3 Grand Sauces Hollandaise, Béchamel, Veloute, Demi-Glace and Tomato Sauce. Students acquire
  important skills for sauce making.
- Class #4 Soups Many a great meal starts with wonderful soup. We explore a variety of recipes using stocks.
- Class #5 Contemporary Sauces Prepare fresh and tasty modern-style sauces perfect for accompanying all meals, including today's lighter menus.
- Class #6 Breakfast and Egg Cookery Learn the versatility of breakfast/egg cookery with a variety of menus.
- Class #7 Vegetable Cookery Proper buying/storage of produce; delicious preparations of seasonal items.
- Class #8 Potato Cookery Potatoes are an essential item in any kitchen. Several different cooking techniques will be used by students in this important section.
- Class #9 Dry Heat Cooking Methods This class focuses on sautéing, broiling, grilling, and roasting.
- Class #10 Moist Heat Cooking Methods Practice techniques like poaching, braising, stewing and steaming.
- Class #11 Pasta, Rice and Dumplings Learn a variety of cooking methods for rice, dumplings and pasta.
- Class #12 Appetizers and Hors d'ouvres The focus is on dishes that might be enjoyed as a first course in a multi-course meal, as well as delectable tidbits to be nibbled at a cocktail party with presentation.
- Class #13 Garde Manger and Charcuterie The importance of sausages, terrines, pates and smoked items in the kitchen and dining room are explored in this exciting class one of the favorites of the program.
- Class #14 More Dry Heat Cooking Reinforce techniques in class #9, with different ingredients/recipes.
- Class #15 More Moist Heat Cooking -Reinforce techniques in class #10, with different ingredients/recipes.
- Class #16 Wine and Food Pairing The Chef constructs a menu with seasonal ingredients and pairs wines to accompany the menu as we taste several varieties with our meals.
- Class #17 Instructor Menu The Chef selects recipes for the students to make without substantial assistance and critiques plating, presentation and taste of the menus.
- Class #18 Final Class Students make an intricate menu with an entrée, vegetable and side dish without the use
  of recipes. Last class food critique and discussion follows as we wind up our Culinary Master Chef Program and
  Certificates are presented.

"For the aspiring Chef or the Home Cook, Culinary Chef I is a class that everyone should take. Chef Eric and his staff are more than hospitable.

The knowledge you gain and the people you meet make you want to come back for more every week."

Shayna Kay, Culinary Master Chef Graduate, Culinary Institute of America Student

#### MASTER BAKING/PASTRY PROGRAM

#### Please call our office if you would like to audit a Program Class free of charge!

Passionate about Baking? Thinking about a career as a Baker/Pastry Chef? Whatever your goal, we have a program or class for you. Many of *CHEF ERIC's* students are baking professionally in restaurants and bakeries, and starting their own businesses. Many others are simply more confident in their private kitchens baking for their families, making desserts for dinner parties and creating wonderful cakes and baked items.

#### **CULINARY BAKING/PASTRY PROGRAM - \$1,400**

Registration includes the CIA's Baking/Pastry Textbook, an Embroidered Chef Jacket and Apron

Sundays, 6/24/12-8/26/12 3:00pm-7:00pm Sundays, 9/9/12-11/11/12 3:00pm-7:00pm

- Learn fundamental Baking Skills in a comprehensive Program
- All hands-on Techniques
- Ingredients are fresh and unprocessed
- Plating and Presentation are key components
- Certificates are awarded upon completion of the Program

The program is for individuals who want to bake breads and desserts like a professional every time and feel confident enough to take that knowledge into the workplace and their homes. The program meets weekly, 4 hours a day, for ten weeks.

- Class #1 Basic Baking, Irish Soda Bread, Ginger Scones with Orange Butter Cornbread Biscuits, Quick Breads, Gluten-Free Muffins, Lemon-Macadamia Bread, Peanut Butter and Beer Bread, French-Style Breakfast Muffins, Quick Chocolate Bread, Red Hot Cinnamon Snickerdoodles, Chocolate Chip Pumpkin Cookies, Toasted Pecan Butter Cookies – Students learn different mixing techniques and bake items without yeast.
- Class #2 Yeast Breads, Pain de Ménage (Country Bread), Brioche-Style Bread, Focaccia Bread, Buttermilk
  Cheese Bread, Buttermilk Wheat Bread, Easy White Bread, Grissini Bread, Panini-Style Bread, Hamburger
  Buns, Whole Wheat Bread, Pizza Dough The importance of yeast, flour and water in the composition of breads.
- Class #3 Pie Dough and Pies My Mom's Pie Dough, Rice Flour Pie Crust, Apple Tarte Tatin, Lemon Tart, Chocolate Ganache Tart, Maple Syrup Tarts, Sweet Potato Pie, Lemon Meringue Pie, Peanut Butter Tart, White Chocolate and Banana Cream Tart, Peanut Caramel Sauce, Chocolate Sauce- Skills for students to make flaky or crispy pie shells for pies and tarts are introduced.
- Class #4 Cakes and Tortes, Torte Caprese, Marjolaine Almond Cake with Espresso Cream Frosting, Carrot Ring Cake, Whipped Cream Pound Cake, Ancho Chile Devil's Food Cake with Chocolate Ganache Frosting, Lavender Devil's Food Cake, Orange Buttercream Frosting, Chocolate Buttercream Frosting, Ginger Lime Curd Coconut Cake with Marshmallow Frosting, Chocolate Madeleines, White Chocolate Cake, Rice Flour Cake – Students learn a selection of batter mixing techniques and apply them to making cakes and tortes.
- Class #5 Soufflés, Dark Chocolate Soufflé, Vanilla Sauce, Citrus Soufflé, Orange Soufflé, Strawberry Sauce,
   Sweet Potato Soufflé, White Chocolate Soufflé, Fallen Chocolate Soufflé Cake, Caramel and Pear Soufflé –
   The importance of the egg is the focus of this class. Sweet and savory Soufflés.
- Class #6 Puff Pastry, Quick Puff Pastry, Macadamia Nut Caramel, Ginger Pastry Cream, Classic Puff Pastry Students will make desserts from puff pastry in a variety of recipes.
- Class #7 Dessert Sauces, Chocolate Ganache Sauce, Cranberry Sauce, Caramel Sauce, Chocolate Sauce, Pastry Cream, Tart Dough –Students make delicious toppings along with desserts to accompany the sauces.
- Class #8 Custards, Crème Bruleé, Cranberry Clafloutis, Crema Catalana, Maple Pot de Crème, Reduced Fat Crème Brûlée, Lavender Crème Brûlée, and Bread Pudding with Whiskey Cream – Any pastry chef will tell you that the mixture of eggs and cream can yield almost infinite variations. We explore many of them here.
- Class #9 Ice Creams, Yogurt, Sorbets, Vanilla Ice Cream, White Chocolate-Ginger Ice Cream, Caramel Ice Cream, Chocolate Ice Cream, Crème Fraiche Ice Cream, Honey-Vanilla Frozen Yogurt, Coffee Ice Cream, Fruit and White Wine Granita, Rosemary and Mint Granite, Lime Gelato, and lots of Ice Cream Variations Students will learn to make their own mouth-watering frozen desserts.
- Class #10 Plated Desserts, Fruit-Stuffed Beignets, Banana-Rum Crepes, Waffles with Cardamom, Profiteroles, Ginger Pastry Cream, Chocolate Sauce, Vanilla Sauce, Espresso Cream Frosting, Caramel for Garnish - In this final class, students prepare desserts, sauces, and learn how to present them beautifully. Certificates.

"I have been waiting to take Chef Classes for many years and Chef Eric's Culinary Classroom and Chef Eric has made my dream come true. I have learned so much! Thank you." Ana Crowther - Culinary Baking I and Culinary Chef I Graduate, Cooking Instructor, Home Chef

# ARE YOU ARE A BEGINNER? YOU CAN COOK! Let Chef Eric show you how.

\*\*\*Great for Newlyweds, Couples, Students, Young Adults\*\*\*

\*\*\*(and anyone who never learned to cook)\*\*\*

"The Classroom is a warm environment to learn the basics of cooking. The staff is friendly and supportive and took away my fears of cooking." **Alia Ascha, Culinary Basics' Graduate** 

# CULINARY BASICS COOKING SERIES - \$375 – 4 Weeks

Mon, 6/4/12-6/25/12 6:30pm-9:00pm **Sun, 7/8/12-7/29/12 10AM-12:30PM** Mon, 9/10/12-10/1/12 6:30pm-9:00pm Mon, 10/8/12-10/29/12 6:30pm-9:00pm

- Classes are designed for the novice cook with little or no culinary experience
- Meets once weekly 2 ½ hours 4 weeks
- Easy-to-prepare Meals and Basic Cooking Techniques
   Roasting, Sautéing, Grilling, Baking
- Preparation is key as steps are done in advance to save time
- Many ingredients can be purchased ready-to-cook for ease in the kitchen
- Knife Skills Instruction and Practice

Due to the popular nature of this series, we cannot allow any class make ups – sorry.

Class #1 - Basic Knife Skills and Meal Preparation. Learn how to Chop, Slice, Julienne and Dice vegetables quickly and efficiently. Explore the more complicated Brunoise, Paysanne, Batonnet and Tourne knife cuts to get more confident and create variety for your dishes. Learn many cooking techniques for easily-prepared meals with chicken and beef: Risotto-Style Orzo Pasta with Parmesan Cheese, Latin-Style Strip Loin Steak with Chayote Squash flavored with Oregano and Lime, flavorful Ajieco Stew (Chicken, Potato and Corn Stew), and Spiced Peruvian Chickpea Cakes ease us into cooking with these delicious recipes.

Class #2 – This class shows students how quickly and easily International Meals can be prepared from start to finish using organizational techniques, knife skills, and cooking techniques learned during the previous class. Pan-Seared Chicken with Fresh Tomato-Herb Sauce, Lemon Orzo Pasta with Kalamata Olives, Asian Five-Spice Chicken Skewers with Spicy Peanut Sauce and Thai-Style Rice Noodles, Grilled and Spiced Carne Asada with homemade Guacamole Sauce, Sour Cream, Olives and Tortillas, Mom's Mouthwatering Meatloaf with Mashed Carrots and Potatoes, and Flavorful Chicken and Chile Stew with Pilaf-Style Rice – these recipes will quickly become favorites and will impress your friends with your cooking style.

Class #3 – Hearty Potatoes and Light Home Made Pastas and Sauces are added to the menu with delicious accompanying Sauces: Fresh Home Made Pasta with House-Dried Herbs and Bolognese-Style Spaghetti Sauce, Traditional Herb and Cheese Spaetzle with Cream Sauce, Roasted Potatoes with Olive Oil, Garlic and Rosemary, Home Made Tagliatelle with Bolognese Meat Sauce, mouth-watering Fettuccine Alfredo, and the creamiest Potatoes au Gratin with Roasted Red Bell Pepper Puree - lighter versions of these hearty dishes are discussed.

Class #4 – Final class covers basic sanitation, safety and cooking techniques with Fish and Shellfish recipes: Seared and Spice-Crusted Ahi Tuna drizzled with Sesame Dressing on Julienned Lettuce, Brown Rice and Edamame Beans with Soy Sauce, Salmon Steamed in Wine and Spices on Mixed Greens with Balsamic Vinaigrette, Grilled Chipotle-Spiced Shrimp and Grilled Portobello Mushrooms with Brown Derby French Dressing, Succulent Bass and Mixed Vegetable Packets with Mint and Basil Pesto, and Sole Vin Blanc with Ginger-Lime-Scallion Butter with Shiitake Mushroom and Asparagus Sauté. Lots of great food and conversation as we dine to our hearts delight on our last class together with our newfound foodie friends. Feel free to bring some wine for the end of the last class.

"A great intro class with no stress and a ton of new recipes to try for the first time.

I cooked for 14 people and they loved it. Great new friends, too!" Jonathan Lee, Culinary Basics' Graduate

# **HEALTHY COOKING SERIES – 4 Weeks - \$375**

Mon, 8/6/12-8/27/12 6:30pm-9:00pm

Thurs, 10/18/12-11/8/12 6:30pm-9:00pm

Basic Knife Skills are helpful in this program

## Emphasis is placed on whole grains and the use of Healthy Cooking Oils

Class #1 - Vegetables, Whole Grains and Vegetable Entrees - Here students will focus solely on vegetables and grains and how to prepare satisfying meals from them.

- Grilled Portobello Mushrooms stuffed with Black Beans, Tomatoes, Roasted Corn and Chilies
- Wheat Crepes with Wild Mushrooms and Chile Cream Sauce
- Roasted Eggplant stuffed with Beluga Lentils with Garlic, Ginger, Curry Leaves, and Turmeric Root
- Home Made Whole Wheat Fettuccine with Roasted Corn. Chiles and Cilantro

Class #2 - Dry Heat Cooking and Sauces; Roasting/Grilling - Students learn Grilling and Roasting of Meats and Fish. Procuring, storing, marinating and serving are also covered.

- Herb-Coated Pan-Roasted Chicken with Champagne Swiss Chard and Scallion-Cilantro Barley Pilaf
- Whole Roasted Fish, Bombay Style with Stir-Fried Cauliflower with Green Peas and Ginger
- Roasted Tomatoes with Garlic and Basil Oil
- Oaxacan-Style Grilled Chicken Breasts with Rice Pilaf with Pico De Gallo
- Roasted Corn with Jalapenos, Garlic, Lime and Cilantro

Class #3 - Moist Heat Techniques and Combinations; Steaming, Poaching, Braising, Stewing - The benefits of poaching and steaming are practiced. Stews and other braised dishes are also covered in this session.

- Tagine of Fish with Preserved Lemons, Olives and Chermoula
- Quinoa Pilaf
- Citrus-Braised Flank Steak with Vegetables
- Wheat Polenta
- Hot and Spicy Vegetables with Ginger, Garlic, Chili Sauce and Sesame Oil
- Stir-Fried Barley Pilaf with Red Bell Pepper, Shallot, Carrot, Celery, and Olive Oil

Class #4 - Frying Techniques; Stir Frying, Deep Frying, Pan-Frying - In this session, students will prepare recipes using a Wok. Practical application of Healthy Fried Foods and Oils will also be taught.

- Thai-Style Stir-Fried Chicken with Basil and Chiles
- Sugar Snap Peas with Mixed Wild Mushrooms
- Brown Rice Pilaf with Oyster Mushrooms
- Whole Fish Deep Fried (Trout, Rock Cod or Catfish) with Ginger, Sake, Soy Sauce and Lemon Juice
- Roasted Asparagus with Lime Ponzu Sauce
- Phyllo Dough Spring Rolls with Mushrooms and Chile-Peanut Coconut Sauce

# <u>INTERNATIONAL CUISINES SERIES #1 – 4 WEEKS - \$375 – Includes LOGO Apron!</u>

Mon, 7/9/12-7/30/12 6:30pm-9:00pm

Thurs, 9/13/12-10/4/12 7:00pm-9:30pm

#### Looking for some Cooking fun with exotic ingredients?

- Classes are designed for the adventurous cook with some culinary experience
- Meets once weekly − 2 ½ hours 4 weeks
- Knife Skills, Chopping Herbs, Sauce Making, Deep-Frying, Sautéing, Stir-Frying, Steaming
- Preparation is key as steps are done in advance to save time
- Many ingredients can be purchased ready-to-cook for ease in the kitchen

The recipes focus on delicious and flavorful meals with lots of interesting ingredients. Includes cooking techniques such as Sauce Making, Sautéing, Stir-Frying, Steaming, Grilling and more.

Class #1 - Chinese Cuisine - We make authentic recipes from the different regions of China.

- Pork Shumai (Steamed Dumplings) with Sauces including Spicy Chili Sauce
- Chinese Long Beans with Ground Pork
- Traditional Steamed Rice
- Tender Black Bean Spareribs
- Stir-Fried Broccoli with Garlic and Ginger
- Chow Yoke (Chinese Fried Beef Tenderloin, Lightly Breaded)

Class #2 - Latin American Cuisine - We make food from south of the border.

- Chicken with Mole Negro Sauce
- Cheese and Chile Rellenos
- Pork Chile Verde with Poblano Chiles, Jalapenos and Roasted Tomatillos
- Arroz a la Mexicana (Mexican-style Rice with Carrots and Peas)
- Homemade Corn Tortillas / Homemade Flour Tortillas
- Natillas (Creamy Spanish-Style Custard)

Class #3 - Japanese Cuisine - We introduce students to the wonders of Japan.

- Tilapia with Pickled Cucumbers and Sanbiauzu Sauce
- Ginger Pork Sauté with Shiitake Mushrooms, Mirin, Sake, Ginger and Dark Soy Sauce
- Flounder in the Woodpile -(Fish Packages w/Enoki & Shiitake Mushrooms, Carrots, Squash, Sake)
- Homemade Udon Noodles

Class #4 - Moroccan Cuisine - We explore ancient and exciting cuisines of Morocco.

- Tagine (Moroccan-style Lamb Stew with Honey and Almonds)
- Pork Loin with Seville Oranges and Kalamata Olives
- Chicken with Green Olives and Saffron
- Moroccan-Style Carrots with Cumin Seeds
- Barley with Dried Mushrooms and Garlic
- Saffron Rice with Olive Oil

# INTERNATIONAL CUISINES SERIES #2 – 4 WEEKS - \$375 Includes LOGO Apron

# Thurs, 8/2/12-8/23/12 6:30pm-9:00pm

Looking for some More Cooking fun with exotic ingredients?

- Classes are designed for the adventurous cook with some culinary experience
- Meets once weekly − 2 ½ hours 4 weeks
- Knife Skills, Chopping Herbs, Sauce Making, Deep-Frying, Sautéing, Stir-Frying, Steaming
- Preparation is key as steps are done in advance to save time
- Many ingredients can be purchased ready-to-cook for ease in the kitchen

## **Hands-On Techniques for Each Class:**

# Knife Skills, Chopping Herbs, Sauce Making, Deep-Frying, Sautéing, Stir-Frying, Steaming

**Class #1 - Asian Cuisine -** Come to the Classroom and learn the fundamentals of Asian Cooking. We practice Stir-Frying Techniques and Sauce Making as we introduce you to Asian Ingredients. Our favorite recipes include:

- Hot and Sour Soup with Tofu and Egg
- Traditional Steamed Rice
- Chen Pi (Orange Peel Chicken)
- Authentic Stir-Fried Shrimp with Peas and Ham
- Thai-Style Chicken with Spicy Curry Paste
- Rice-Paper-Wrapped Vietnamese-Style Spring Rolls with Dipping Sauces

Class #2 - Indian Cuisine - In the culinary world, food from India has many Asian influences; find out what they are in this exciting class. We show you the cooking techniques and spices that make Indian food so special and flavorful. Main and side dishes include:

- Chicken Murgh Tikka (Yogurt-Marinated Chicken Satay)
- Deep Fried Samosas filled with Quick Keema (Curried Beef, Lamb or Chicken in Sauce)
- Aloo Gohbi Masala (Cauliflower with Potatoes)
- Home Made Naan Bread
- Traditional Basmati Rice
- Coriander-Mint Sauce
- Cilantro-Chile Chutney
- Kalan (Spicy and Sweet Cooked Bananas)

Class #3 - Italian Cuisine - Food from the Mediterranean has long been enjoyed in Southern California and now you can make your own dishes with a CULINARY CLASSROOM twist! Come join us in making:

- Torta Salata (Mixed Vegetable Torta Baked in Pastry)
- Pasta all'Amatriciana (Spicy Tomato Sauce with Pancetta and Crushed Red Chile)
- Fettuccine Pasta with Carbonnara Sauce
- Hunter-Style Chicken Cacciatore
- Breaded Pork Chops Stuffed with Fontina Cheese, Herbs and Prosciutto
- Tiramisu delicious and light

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Class #4 - Spanish Cuisine - Students discover the flavors of Spanish cooking that CHEF ERIC experienced working with Chef José Munisa at Via Veneto, Barcelona's longest-running 5 Star Restaurant. The menu includes:

- Chorizo Sausage in Puff Pastry
- Chicken with Almonds, Sherry, Garlic and Onions
- Mixed Vegetable, Chicken, or Pork Paella
- Red Wine, Rosemary and Garlic-Marinated Grilled Beef on Skewers
- Mixed Greens Sautéed with Garlic, Ham and Pine Nuts
- Spanish-Style Custard

# COUPLES ROMANTIC COOKING PARTIES \*\*\* \$200 PER COUPLE \*\*\*

BRING SOME <u>WINE AND A DATE</u> AND HAVE FUN LEARNING AND COOKING TOGETHER
PERFECT FOR YOUR SPECIAL OCCASION - A GREAT GIFT IDEA FOR YOUR FRIENDS AND FAMILY
THE TABLE IS SET WITH TABLECLOTH AND CANDLES FOR YOUR ROMANTIC DINING

# This is a Party Class ONLY –Instruction is in the kitchen and you are NOT lectured on all of the recipes ALL PARTIES INCLUDE A GOURMET CHEESE TRAY TO START

Want to make a special dinner with your friend or spouse? Celebrating a special occasion? We've created a Cooking Party Atmosphere – there is a brief lecture and more instruction is in the kitchen as you prepare your shared meals. Bring a nice bottle of wine to enjoy at the end of class to make this a true romantic night out as an alternative to the predictable dinner and a movie.

Couples Romantic Cooking 1 Sat, 6/16/12 7-9:30pm

OR Sat, 8/25/12 7-9:30pm OR Fri, 10/19/12 7-9:30pm OR Sat, 12/1/12 7-9:30pm Ah, Romance! The hottest date is at Chef Eric's Culinary Classroom as you dine on:

- Rosemary and Oregano-Spiced Lamb Loin Chops
- Herb-Roasted Cherry Tomatoes
- Homemade Fettuccine Pasta
- Striped Bass poached in Wine with Tomatoes, Fennel Bulb and Mirepoix Vegetables
- Roasted Garlic Shallot Mashed Potatoes with Thyme
- Individual Chocolate Rum Mousse with Homemade Whipped Cream

Couples Romantic Cooking 2 Sat, 7/7/12 7-9:30pm

OR Fri, 9/7/12 7-9:30pm OR Sat, 10/27/12 7-9:30pm OR Fri, 12/14/12 7-9:30pm Join us for some more sensual recipes starting with:

- Baked Salmon and Vegetable Packages in Soy Sake Sauce
- Creamy Gnocchi di Semolina Gratinati with Parmesan Cheese
- Crunchy Sliced Citrus Strip Loin Steak with Garlic, Soy Sauce and Sake
- Rice Pilaf with Onions and Leeks
- Stir-Fried Broccoli with Ginger, Garlic and Shallots
- Individual Chocolate Crème Brûlée

#### **Couples Date Night Dinner 1**

Sat, 8/4/12 7-9:30pm OR Fri, 9/28/12 7-9:30pm OR Fri, 11/30/12 7-9:30pm Enjoys the meal and socializing at a table romantically set with candles. Recipes include:

- Beef Tenderloin Filets with Red Wine and Mushroom Ragout
- Grilled Polenta with Parmesan Cheese
- Sautéed Chicken Breast Stuffed with Prosciutto, Spinach and Boursin Cheese
- Pilaf-Style Long Grain Rice with Garlic and Thyme
- Fallen Chocolate Soufflé Cake with Homemade Whipped Cream

Couples Date Night Dinner 2 Sat, 6/30/12 7pm-9:30pm OR Sat, 7/21/12 7-9:30pm OR Sat, 9/15/12 7-9:30pm OR Fri, 11/2/12 7-9:30pm OR Sat, 12/22/12 7-9:30pm We had to create a new class for Date Night Dinner class because it is so popular! Recipes include:

- Grilled Rib Eye Steak with Red Wine Sauce and Kalamata Olive Tapenade
- Sautéed Swiss Chard with Champagne Vinegar
- Sautéed Chicken Breasts with Lemon Caper Sauce
- Roasted Garlic Shallot Mashed Potatoes with Thyme
- Individual Molten Chocolate Cake with Crème Anglaise

<sup>&</sup>quot;Thank you so much for the wonderful cooking class, Manny and I had so much fun-and we even got Manny to eat (AND enjoy fish!)

He's still raving about the Ahi Tuna! And I plan on making the Molten Chocolate Cake!" Samira Mahjoub, Couples Class

# TRY ONE OF OUR INDIVIDUAL CLASSES – Feel Free to Bring some Wine/Beer ALL CLASSES ARE HANDS-ON and FULL PARTICIPATION

#### **SPECIALTY COOKING CLASSES**

7pm-9:30pm **Beer and Food Cooking Class** \$90 Per Person Fri. 6/8/12 OR Fri, 10/12/12 OR Sat, 12/8/12 7pm-9:30pm OR Sat, 8/18/12 7pm-9:30pm 7pm-9:30pm Many students want to learn how to cook great food with one of the oldest beverages known to mankind: Beer! Gourmet and Specialty Beers are all the rage and the abundance of varieties can be confusing to the consumer. In this class we will make an incredible meal and offer tastings of special beers from Chef Eric's favorite purveyor to go with the food. Come enjoy the refreshing taste of beer with this delicious repast. Students will be making:

- Garlic Grilled Shrimp Skewers with Vanilla-Saffron Sauce
- Pan-Seared Chicken Cutlets with Jalapeno Garlic Sauce
- Scallion-Cilantro Barley Pilaf with Chervil
- Beer Braised Pork Loin with Shallots, Garlic, Onions, Sage and Thyme
- White Cheddar Cheese Mashed Fingerling Potatoes
- Oven-Roasted Broccoli with Olive Oil, Sundried Tomatoes and Garlic
- Ancho Chile Devil's Food Cupcakes with Chocolate Ganache Frosting

Wine and Food Cooking Class \$90 Per Person Sat, 7/14/12 7pm-9:30pm OR Fri, 9/21/12 7pm-9:30pm OR Sat, 11/3/12 7pm-9:30pm OR Fri, 12/21/12 7pm-9:30pm When we enjoy a meal, we often want an adult beverage to accompany the fruits of our labors. Chef Eric shows you how to make great food with great wine in this dynamic, information-packed class. Students will make the food and Chef Eric will have tastings of selected wines from his favorite purveyor to go with the menu. Learn where and how to shop for wines to pair with a variety of food as we make our way through our tasty menu. We will be making:

- Eggplant Fritters and Zucchini Fritters
- Fennel-Dusted Pan-Seared Scallops, Grilled Wild Mushrooms with Balsamic Vinegar Reduction
- Homemade Pasta with Tomato and Kalamata Olive Tapenade Sauce
- Sautéed Chicken Breasts with Sunchokes, Garlic, Capers, Sundried Tomatoes, White Wine
- Braised Lamb Stew with Wild Mushrooms, Garlic, Thyme, Parsley and Red Wine Vinegar
- Homemade Traditional Tiramisu for our Sweet Tooth

**Designer Appetizers** \$90 Per Person Wed, 6/27/12 6:30pm-9:00pm
OR Sat, 9/29/12 7pm-9:30pm OR Mon, 11/5/12 7pm-9:30pm OR Fri, 12/7/12 7pm-9:30pm
Take your Party to a cosmopolitan level of style and presentation. Lots of intriguing morsels your guests will rave about. **Delicious Recipes perfect for Buffets, Stations or Passed**:

- Artichoke Leaves Stuffed with Prosciutto and Parmesan Cheese
- Smoked Salmon and Crème Fraiche Puff Pastry Bites
- Caprese Salad in Martinis Glasses
- Minted Meatball Lettuce Wraps with Homemade Hummus
- Spicy Peanut Curry Chicken Salad in Baked Wonton Cups
- Wild Mushroom and Gruyere Cheese Tart
- Roasted Red Pepper and Gorgonzola Cheese Bruschetta

# French Cooking With Julia Child \$90 Per Person

Tues, 7/31/12 6:30pm-9:00pm

OR Sat, 9/8/12 7pm-9:30pm OR Fri, 10/26/12 7pm-9:30pm OR Sat, 12/1/12 2:30pm-5:00pm Join us on a mouth-watering exploration of authentic and traditional **French Cuisine with French Classics**:

- Beef Bourguignon (Beef simmered in Red Wine Sauce)
- Sautéed Mushrooms with Butter and Shallots, Braised Brown Baby Onions
- Fish Soufflé Baked on a Platter with Sauce Mousseline Sabayon
- Chicken Breasts with Paprika, Onions and Cream Sauce
- Green Beans Provencal with Tomatoes, Garlic and Fresh Herbs
- Braised Celery Root with Bacon, Onions and White Wine
- Apples Braised in Butter with Cognac Orange Sauce

#### Brunch For Any Occasion \$90 Per Person Sat, 8/4/12 2:30pm-5pm

Need ideas for Sunday Brunch or want to cook a great meal for friends on a beautiful weekend? This repast is quite elegant and has a lot of variety to tempt your guests with all of your tasty treats. Add a variety of beverages to complete the relaxing dining scene that is Brunch. Recipes Include:

- Challah Bread French Toast with Cinnamon, Vanilla Bean and Maple Syrup
- Artichoke and Potato Quiche with Parmesan and Brie Cheeses
- Cheddar Cheese Scones and Ginger Scones with Homemade Orange Butter
- Italian Sausage and Salami Tart with Parmesan and Mozzarella Cheeses
- Baked Breakfast Potatoes with Onions
- Frisée and Belgian Endive Salad with Homemade Spicy Walnuts, Goat Cheese, Italian Parsley and Homemade White Wine Vinaigrette

**Pizza Pizazz!** \$90 Per Person Wed, 7/11/12 6:30pm-9pm OR Wed, 8/15/12 6:30pm-9pm OR Tues, 9/11/12 7-9:30pm OR Thurs, 11/15/12 7-9:30pm OR Sat, 12/22/12 2:30pm-5pm Everyone keeps asking for a Pizza Class to enjoy this treat at home. Come make some Dough with us and enjoy a fun evening of creativity with this versatile Dish with the pizzas below and more:

- Traditional and Specialty Pizza Dough and Tomato Sauce
- Herb-Grilled Chicken Pizza with Alfredo Cream Sauce
- Prosciutto and Mozzarella Cheese Pizza with Pesto Sauce
- Grilled Vegetable Pizza with Crème Fraiche and Tomato Sauce
- Heirloom Tomatoes, Basil and Buffalo Mozzarella Cheese Pizza
- Grilled Shrimp and Roasted Eggplant Pizza with Bell Pepper Puree

Knife Skills \$90 Wed, 6/20/12 6:30-9pm OR Thurs, 7/12/12 6:30-9pm OR Sat, 8/18/12 2:30pm-5pm OR Sat, 9/22/12 7-9:30pm OR Sat, 10/27/12 2:30-5pm OR Mon, 11/12/12 7-9:30pm OR Sun, 12/16/12 2:30-5pm Learn how professionals Chop, Dice, Slice and Julienne items quickly and efficiently. CHEF ERIC shows you knife holding grips, knife cuts and how to choose, sharpen, hone and care for your knives. Learn to cut with ease advancing to more complicated and decorative Brunoise, Paysanne, Batonnet and Tourne Cuts. Everything looks and tastes better when ingredients are cut uniformly, cook evenly and are presented beautifully. Work with Vegetables, cut Chicken Breasts off the Bone, and see demonstration of De-boning a Whole Chicken. You make a delicious meal to be enjoyed at the end of class.

Spectacular Sauces \$90 Per Person Wed, 7/25/12 6:30pm-9:00pm
OR Sat, 8/25/12 2:30pm-5pm OR Sat, 10/20/12 7pm-9:30pm OR Sat, 12/8/12 2:30pm-5pm
Many students ask, 'How do I Spice up my entrees, side dishes and appetizers?' CHEF ERIC takes the fear out of Sauce Making and gives you confidence to explore your creativity. We serve Macaroni and Cheese, Steamed Vegetables, and Chicken or Fish with the Sauces. Recipes include:

- Master Sauces Sauce Béchamel, Sauce Veloute, Sauce Hollandaise (and Variations)
- Basil Pesto Sauce
- Green Olive and Caper Tapenade
- Moutabel Sauce (Roasted Eggplant and Garlic Sauce)
- Mediterranean Tamarind-Almond Sauce
- Indian-Style Tomato-Onion Sauce
- Asian-Style Sesame Sauce

Sushi Making Class \$95 Wed, 6/13/12 6:30-9pm OR Thurs, 7/19/12 6:30-9pm OR Wed, 8/8/12 6:30-9pm OR Sat, 10/13/12 7-9:30pm OR Thurs, 11/29/12 7-9:30pm OR Sat, 12/15/12 2:30pm-5pm Learn the creative art of Sushi Making as we design an Asian meal for you and your friends. Learn how to display and serve them decoratively with the Garnishes and Sauces that we make. We show you how to make:

- Traditional Sushi Rice
- Variety of Sushi Rolls (Nori)
- Vegetable Rolls and Spicy Sushi Rolls
- Varieties of Sushi on Rice (Nigiri)
- Pickled Cucumbers and Pickled Ginger
- Teriyaki Sauce and Sanbiauzu Sauce
- Dashi and Ginger Dipping Sauce
- Sushi Oranges

## **ENTRÉE ITEMS COOKING CLASSES**

Chicken Connoisseur \$90 Per Person Tues, 7/17/12 6:30pm -9:00pm

OR Fri, 9/14/12 7pm-9:30pm OR Sat, 11/3/12 2pm-4:30pm OR Thurs, 12/20/12 7pm-9:30pm Learn new possibilities of enjoying all cuts of chicken in this class and add some exciting recipes to your repertoire for the meat that is most traditionally eaten in America. *CHEF ERIC* will show you how to shop for, safely clean and handle chicken. Recipes will have you saying, yes, we are having chicken again tonight and we are all going to love it:

- Thai-Style Five Spice Chicken Skewers with Spicy Peanut Sauce
- Thai Noodle Salad with Lemon Grass, Chilies, Cucumber and Mint
- Pan-Seared Chicken with Fennel Bulb, White Wine and Parsley Cream Sauce
- Wasabi and Panko-Crusted Chicken Cutlets with Teriyaki-Sake Glaze
- Pan-Roasted Chicken with Smokey Spanish Paprika, Sherry, Olives, Garlic and Parsley
- Bone-In Chicken Breasts Roasted with Sea Salt, Orange Juice, Lemon Juice, Lemon Zest, Tarragon and Chives – Like El Pollo Loco

#### Cooking for Two (or One) \$90 Per Person

Tues, 7/24/12 6:30-9:00pm OR Sat, 9/29/12 2:30pm-5:00pm OR Fri, 11/9/12 7pm-9:30pm Need to cook at home because of the economy? Eat better with these recipes designed to add some spice to your mealtime, keep your budget intact and not take forever to make. Enjoy some variety for your palate with some delicious menus like:

- Roasted Chile and Shrimp Flambé
- Brown Rice Milanese and Roasted Tomatoes
- Miso-Glazed Chicken Breasts with Spicy Sesame Sauce
- Asian Stir-Fried Vegetables
- Salmon Steaks with Butter, Pepper and Sautéed Pears, Apples and Limes
- Asparagus and Long Grain Rice Pilaf
- Dessert is Tangy Citrus Soufflé

#### Favorite Fish Recipes \$90 Per Person

Sat, 6/23/12 7pm-9:30pm OR Tues, 8/21/12 6:30 -9:00pm OR Sat, 10/20/12 2:30pm-5:00pm Experts say we should eat fish two times a week; we have created some great recipes to entice you. *CHEF ERIC* will teach you how to safely shop for, store and cook your fish for delicious results - **Butter Poaching**, **Stovetop Smoking**, **Steaming**, **Frying and more** – <u>all Sauces</u>, <u>Aiolis</u>, <u>Pestos</u>, <u>Chutneys and Glazes are made in class</u>. Take your fish cooking abilities to a new level and expand your repertoire for this healthy menu item. Featured are:

- Sesame-Crusted White Fish Filets with Lemon Cilantro Sauce
- Indian Pastry-Wrapped Tilapia Filets with Herbs and Cooked Tomato, Turmeric, Clove, Ginger, and Cardamom Chutney
- Rosemary, Dill and Thyme-Smoked Salmon Filets with Spicy Garlic Aioli
- Sautéed Teriyaki-Style Fish Filets with Homemade Teriyaki-Sake Glaze
- Panko-Crusted Cod Filets with Lemon Zest, Oregano, Red Pepper Flakes, Old Bay Seasoning and Chile Powder

# Healthy Cooking Class \$90 Per Person

Sat, 7/28/12 7pm-9:30pm OR Sat, 9/15/12 2:30pm-5:00pm OR Mon, 12/10/12 7-9:30pm Learn to please yourself with lighter menus and eat healthier with these fantastic recipes:

- Sautéed Sole Filets with Wilted Lettuce and Cilantro, Parsley and Pepita Pesto
- Oven-Baked French Fries with Old Bay Seasoning (and Variations)
- Beef Tenderloin Steaks with Rosemary, Garlic, Shallots and Red Wine Sauce
- Portobello Mushroom "Pizzas" Pesto, Tomatoes, Thyme, Prosciutto, Parmesan Cheese
- Roasted Lamb Chops w/Sun-Dried Tomatoes, Red Wine, Thyme, Garlic, Juniper Berries
- Sautéed Mushrooms, Zucchini, Carrots, Celery and Onions
- Egg White Frittata w/Roasted Red Bell Peppers, Haricot Vert, Salt, Pepper, Turmeric

## TRY ONE OF OUR INDIVIDUAL CLASSES – Feel Free to Bring some Wine/Beer

# ENTRÉE ITEMS COOKING CLASSES

Homemade Pastas and Sauces \$90 Per Person Wed, 8/1/12 6:30pm-9:00pm OR Sat, 10/13/12 2:30pm-5:00pm OR Mon, 12/3/12 7pm-9:30pm Learn to make perfect Pastas every time and then accompany them with a variety of Sauces, Meats and Vegetables. We discuss and demo various pastas, as you learn how to easily make light and delicious varieties; you'll never buy dried pasta again! We make dough, roll and cut it into various shapes and sizes to use in a myriad of dishes:

- Fresh Linguine Pasta with Sautéed Turkey Medallions with Herbs and Fried Garlic Sauce
- Wild Mushroom and Ricotta Cheese Raviolis with Creamy Garlic White Sauce
- Tagliatelle with Spicy Sausage and Red Wine Ragu Sauce
- Homemade Bowtie Pasta with Sautéed Garlic and Mushrooms
- Angel Hair Pasta with Homemade Marinara Sauce

#### Mexican Fiesta \$90 Per Person

Wed, 7/18/12 6:30pm-9pm OR Sat, 9/22/12 2:30pm-5:00pm OR Thurs, 12/13/12 7pm-9:30pm Come celebrate with a Feast fit for a King! And Queen!

- Latin-Style Strip Loin Steak and Chayote Squash with Oregano and Lime
- Arroz a la Mexicana (Mexican-style Rice with Carrots and Peas)
- Spiced Carne Asada with homemade Guacamole Sauce, Sour Cream, Olives
- Homemade Corn Tortillas / Homemade Flour Tortillas
- Grilled Corn and Cheese Stuffed Chiles Rellenos with Tomato Sauce
- Natillas (Creamy Mexican-Style Custard)

#### Thai Cuisine \$90 Per Person Sat, 6/2/12 7pm-9:30pm

OR Tues, 8/7/12 6:30pm-9pm OR Fri, 10/5/12 7pm-9:30pm OR Sat, 12/15/12 7pm-9:30pm The cuisines of Asia are many and varied and Thai Food is one of the most popular. Come and taste the flavor with us! Chef Eric will tell you what exotic ingredients to get and where to shop. In this class we make:

- Thai-style Shrimp Spring Rolls with Garlic Lime Dipping Sauce
- Marinated Flank Steak with Chiles
- Stir-Fried Chicken and Vegetables with Green Curry Paste and Coconut Milk
- Grilled Eggplant and Long Beans with Fish Sauce and Garlic
- Authentic Pad Thai Noodles with Chicken

#### **Vegetarian Cuisine** \$90 Per Person

Tues, 8/14/12 6:30pm-9:00pm

OR Thurs, 10/11/12 7pm-9:30pm OR Sun, 12/9/12 2:30pm-5pm

We have been told to eat more vegetables and here are delicious recipes that will have you eating them often and enjoying them much more. These recipes are great for side dishes or entrees. Experience some flavorful:

- Mallorcan Vegetable Stew Baked in Bowls on Crusty French Bread
- Stir-Fried Tofu, Shiitake Mushrooms, Peas, Garlic, Ginger, Soy Sauce, Rice Wine, Chili Sauce
- Grilled Vegetable Ratatouille with Roasted Red Pepper, Yellow/Green Zucchini, Japanese Eggplant, Tomatoes, Basil, Italian Parsley, Rosemary, Thyme, Garlic and Red Onion
- Spicy Black Bean Chili, Onions, Red Bell Peppers, Cumin, Chipotle Chilies, Tomatoes
- Peruvian Chickpea Cakes with Onion, Jalapeno Pepper, Garlic, Cumin and Turmeric
- Lepuy Lentil Soup with Leeks, Onions, Garlic, Turmeric Root and Cumin

#### DEMYSTIFYING DESSERTS / BAKING - BAKING/PASTRY CLASSES

Cake Decorating - Basic \$95 Per Person (+ Cake Dec Kit/Manual) Sat, 6/30/12 9am-12pm OR Sat, 8/25/12 9am-12pm OR Sat, 10/20/12 9am-12pm OR Sat, 12/15/12 9am-12pm Say goodbye to Bakery Cakes with Basic Decorating Skills and Techniques. Learn to Frost Cakes, Write Script and Make Leaves, Flowers, Bows and Shells. Receive a Cake Decorating Kit with a Pastry Bag, Design Tips and Coupler and a Cake Decorating Manual. Each person gets their own Cake to work on and we make Frostings.

- Classic Butter Cakes
- Chocolate Butter Cakes
- Italian Meringue Buttercream
- Swiss Meringue Buttercream
- Chocolate Ganache Filling
- Chocolate Ganache Frosting

## Candy Making For Sweets Lovers \$90 Per Person

Sat, 7/14/12 9am-12pm OR Sat, 9/8/12 2pm-5pm OR Sat, 12/1/12 9am-12pm Do you LOVE sweets like I love sweets? Learn about **cooking sugar** and the variety of candy you can make in your own kitchen-holiday staples for your family! Recipes include delicious treats for special occasions:

- Mom's Toffee Almond Brittle Dipped in Chocolate/Nuts
- Delightful Hazelnut Divinity Fudge
- Chocolate Truffles rolled in Cocoa Powder
- Home Made Marshmallows great with Hot Cocoa
- Chocolate Feuilletine Pralines
- Old Fashioned Peanut Brittle
- Traditional Chocolate Nut Fudge

#### **Decadent Desserts** \$90 Per Person

Thurs, 6/28/12 6:30pm-9:30pm OR Sat, 8/11/12 9am-12pm OR Sat, 12/8/12 9am-12pm **Decadence is right** – come and create this decadence with us and create delicious entertainment! We start with:

- Ancho Chile Devil's Food Cake with Milk Chocolate Butter Cream Frosting
- Citrus Cheesecake with Cookie Crumb Crust
- Chocolate Torte Caprese
- Milk Chocolate and Cherry Soufflé with Crème Anglaise
- Banana and Rum Crepes
- Traditional Tiramisu

# Elegant Party Cakes \$90 Per Person

Thurs, 6/21/12 6:30pm-9:30pm OR Sat, 10/26/12 9am-12pm OR Thurs, 12/6/12 6:30pm-9:30pm Craving yummy Dessert? Need a spectacular Cake for entertaining or for dinner? Have a dessert party for your friends with these new and delightful recipes. Learn to make:

- Devil's Food Cake with Milk Chocolate Butter Cream Frosting
- Red Velvet Cake with Cream Cheese Frosting
- Marjolaine Almond Cake with Espresso Cream Filling
- Whipped Cream Pound Cake with Tangy Citrus Icing
- Elegant Chocolate Torte Caprese dusted with Powdered Sugar
- Fallen Chocolate Soufflé Cake (perfect to make ahead)

#### DEMYSTIFYING DESSERTS / BAKING - BAKING/PASTRY CLASSES

## Gourmet Cookie Baking \$90 Per Person

Sat, 7/28/12 9am-12pm OR Sat, 11/3/12 9am-12pm OR Sat, 12/2/12 2:30pm-5:30pm Regardless of age, all of us love cookies and this class is perfect any time of the year! Join us as our team teaches you the art of creative cookie making. Come join us for the best cookie feast in town and spread the joy among your friends and family when you bake a dozen of their favorites! Cookie Recipes include:

- Toasted Pecan Cookies
- Delicious Piped Cookies
- Sandwich Cookies
- Linzer Cookies with Jelly Center
- Chocolate Dipped "Pretzel" Cookies
- Florentines
- Gingerbread Cookies

Heavenly Cupcakes \$90 Per Person Thurs, 6/14/12 6:30pm-9:30pm OR Thurs, 7/26/12 6:30-9:30pm OR Wed, 8/22/12 6:30pm-9:30pm OR Sat, 9/22/12 9am-12pm OR Mon, 12/17/12 6:30-9:30pm Delicious Cupcakes are all the rage for desserts and snacks! Learn to *Bake, Frost and Fill Cupcakes* for parties, the holidays, and just everyday eating! We teach you easy ways to vary Flavors and Fillings for the most discerning palate in your family. Receive Cupcake, Frosting and Filling Recipes similar to today's popular bakeries. We make popular styles:

- Red Velvet Cupcakes with Cream Cheese Frosting
- Devil's Food Cupcakes with Chocolate Buttercream Frosting
- Carrot Cake Cupcakes with Cream Cheese Frosting
- Chocolate Cupcakes with Mocha Buttercream Frosting
- Coconut Cream Cupcakes with Coconut Frosting
- Vanilla Cupcakes with Swiss Meringue Buttercream Frosting
- Various Frostings and Fillings

#### **Bread Baking Made Easy** \$90 Per Person

Sat, 6/16/12 9am-12pm OR Sat, 9/8/12 9am-12pm OR Sat, 11/17/12 9am-12pm Learn how to make the oldest food known to mankind. We cover techniques to produce quick baked goods for everyday meals and special dinners. At the end of class, sample your breads right out of the oven, watch the steam rise and the butter slowly melt as we pair with jellies and jams.

#### The recipes include:

- Pain de Ménage (Country Bread)
- Brioche-Style Bread
- Traditional Baguettes
- Focaccia Bread
- Cheese and Garlic Flatbread
- Hamburger Buns
- Easy White/Wheat Bread
- Blue Cheese Shortbread
- Cheddar Cheese Cornbread

# **Kid's Summer Cooking and Baking Camps**

# \*Ages 7-15\* There will be a variety of chef students of all ages in these Classes. You will be paired with chef students your own age!

# Summer Cooking/Baking Camp - Culinary Academy 1 - \$350

 Mon-Thurs-June 11-14, 2012
 9:30am-12:00pm

 Mon-Thurs-June 25-28, 2012
 9:30am-12:00pm

 Mon-Thurs-July 23-26, 2012
 9:30am-12:00pm

 Mon-Thurs-Aug 6-9, 2012
 9:30am-12:00pm

Each day will be fun-filled with kitchen activity as we introduce your children to our kitchen with safety procedures. Your children will return home with new skills and want to help in preparation of family meals. **Monday-**Cheese and Pepperoni Pizza and Calzones -making the dough; **Tuesday-**Desserts; **Wednesday-**Pasta, Cheese Raviolis and Sauces; **Thursday- Breakfasts** French Toast, Omelets.... Summer Cooking Camp Fun for your kids as they accomplish the basics and are hungry to learn more!

# Summer Cooking/Baking Camp - Culinary Academy 2 - \$350

Mon-Thurs-June 18-21, 20129:30am-12:00pmMon-Thurs-July 9-12, 20129:30am-12:00pmMon-Thurs-July 30-Aug 2, 20129:30am-12:00pmMon-Thurs-Aug 13-16, 20129:30am-12:00pmMon-Thurs-Aug 20-26, 20129:30am-12:00pm

If your children are a little older or have participated in Summer Cooking Camp, this is the next series for them! Each week the menu will be as follows: **Mondays-Cookie Festival** with oatmeal raisin cookies, giant ginger snaps, chocolate chunk cookies; **Tuesdays-Gourmet Sandwiches** with grilled chicken and rosemary on ciabatta bread, grilled tenderloin sandwiches wrapped in naan bread, etc. **Wednesdays-**Delicious Snacks; **Thursdays-**Easy Meals with Desserts.

## Summer Cooking/Baking Camp - Culinary Academy 3 - \$375

Mon-Thurs-June 11-14, 20122:00pm-4:30pmMon-Thurs-June 25-28, 20122:00pm-4:30pmMon-Thurs-July 16-19, 20122:00pm-4:30pmMon-Thurs-July 30-Aug 2, 20122:00pm-4:30pmMon-Thurs-Aug 20-26, 20122:00pm-4:30pm

For kids who love being in the kitchen and parents who love to eat their creations! Planning of meals, adding baking, desserts and plating with this more advanced series for those who have taken Summer Cooking Camps or have kitchen experience. **Mondays** – Mediterranean Cuisine; **Tuesdays** – Mexican Buffet; **Wednesdays** – Asian Cuisine; **Thursdays** –BBQ and Grilling and Desserts.

#### Summer Cooking/Baking Camp - Culinary Academy 4 - \$375

 Mon-Thurs-June 18-21, 2012
 2:00pm-4:30pm

 Mon-Thurs-July 9-12, 2012
 2:00pm-4:30pm

 Mon-Thurs-July 23-26, 2012
 2:00pm-4:30pm

 Mon-Thurs-Aug 6-9, 2012
 2:00pm-4:30pm

We've added some new delicious dishes, fantastic grilling recipes, and International Cuisine exploration, as well as incorporating Baking and Desserts. Watch your kids create menus for you and your family at home out of these great classes. **Mondays** – Menus for Healthy Dining; **Tuesdays** – Worldly Travels/International Cuisines; **Wednesdays** – More Worldly Travels/International Cuisines; **Thursdays** – Hearty Grilling and Desserts.

# **Baking and Pastry Camp - \$350**

Mon-Thurs-July 16-19, 2012 9:30am-12:00pm Mon-Thurs-Aug 13-16, 2012 2:00pm-4:30pm

By popular demand, we've added a new Camp only for Baking and Pastry Camp! Come join in the fun and enjoy delicious desserts and baked goods loved by us all.

Click here to register: https://www.culinaryclassroom.com/registration.html

# **RETAIL SALES/GIFT CERTIFICATES**

Let us order Cookbooks, Kitchen Gadgets, Chef Jackets or Chef Aprons for your Team Building Event, Private Cooking Party, or Gift Certificate Package!!

# Cookbooks

Culinary Institute of America Professional Chef Book	\$55.00
Cooking at Home with the Culinary Institute of America	\$35.00
Culinary Institute of America Professional Baking Book	\$55.00
Baking at Home with the Culinary Institute of America	\$35.00

## **Chef Jackets/Aprons**

Chef Jacket with Embroidered Logo	\$25.00 - \$35.00
Adult Apron with Logo	\$20.00
Children's Apron with Logo	\$15.00
4-Way Aprons	\$10.00

## Equipment

Microplane Pro Grater	\$12.00
Microplane Medium Ribbon Grater	\$12.00
Microplane Classic Zester	\$12.00

Cake Decorating Kit and Manual (Ateco) \$15.00

# **GIFT CERTIFICATES**

Celebrate a *Birthday, Graduation, Engagement, Anniversary, Wedding, Valentine's Day, or other Special Event* with a Gift Certificate from the Culinary Classroom. Your friends and family will have pleasant memories of this wonderful gift of cooking. *We can add a Cookbook, Chef Jacket, Chef Apron, Microplane Graters/Zesters, or Cake Decorating Kits/Manuals to your package.* 

To order a Gift Certificate, you may call us at 310-470-2640 and we can take your information, or you may go online at <a href="https://www.culinaryclassroom.com/registration">https://www.culinaryclassroom.com/registration</a> fill out the form with details: *Gift Certificate (dollar amount, specific class, general class, etc.) – the full name of the guest, message, who it is to be mailed to, etc.* When we receive your request, we will create a nice Gift Certificate package - Parchment Paper Gift Certificate in an elegant Red Envelope with our catalog so they may view our classes.

We will email or mail the Gift Certificate package to the recipient or you, whatever your choice is. When the person wishes to register, they may call or go online and tell us they have a Gift Certificate and give us their last name (we file under last name). They should call early as our classes tend to sell out. Please call us to discuss this fabulous idea for your next special occasion.



# All Classes are Hands-On/Student Participation We provide EVERYTHING for your Classes

The CULINARY CLASSROOM simulates a professional kitchen. Dress comfortably and wear good shoes.

An apron is provided free of charge for your class.

Please have courtesy for your fellow students and be prompt to classes.

All recipes are subject to change due to seasonal availability of items and the desire of the Chef.

# **POLICIES**

- 1. Refunds will only be given if a class is canceled by Chef Eric.
- 2. Cancellation Policy: If you cancel a class, we will give You credit toward another class if you notify us by telephone at least 48 hours prior to class time or you may send a friend in your place just let us know the name. Credit is valid for ONE YEAR.
- 3. To Register for Programs, you MUST pay 50% of the fee by check, money order, credit card or cash at the time of registration. Interest-free payments available for qualified applicants.
- 4. Registration for all other Classes, 100% of the fee must be paid at the time of registration. If you pay by cash or check, provide a credit card to confirm your space. It will automatically be charged if you do not attend the confirmed class or do not give us 48 Hours Notice by telephone.
- 5. You may miss One Class in Culinary Chef Program to achieve a Certificate. You may make up one class free of charge After that, you must pay \$50 for the class in order to attend. It is your responsibility to schedule your make up classes with the office via email only.
- 6. There are no Make Ups in Culinary Baking; you may miss One Class in Culinary Chef Program to achieve a Certificate, Culinary Basics Series, Healthy Cooking Series, International Cuisine Series, Advanced Baking Series or Children's Culinary Academies (offered only in June-August every year).

PLEASE POST YOUR PHOTOS/COMMENTS ON OUR FACEBOOK PAGE AT WWW.FACEBOOK.COM/CHEFERICSCULINARYCLASSROOM

2366 PELHAM AVENUE - LOS ANGELES, CA 90064 PHONE: 310-470-2640 - FAX: 310-470-2642 CHEFERIC@CULINARYCLASSROOM.COM WWW.CULINARYCLASSROOM.COM



# **REGISTRATION FORM**

(ALL INFORMATION WE RECEIVE IS KEPT STRICTLY CONFIDENTIAL)

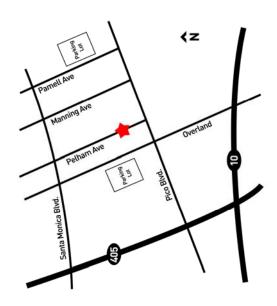
How did you hear about us?
Internet (Website), Friend, or:
Name:
Address:
City, Zip Code:
Phone:
Email:
Credit Card #/Exp. Date:Code  Classes/Names of Students:
Categories: Mailing List, <u>E-Mail</u> , Gifts, Student, Call in, Class Title, Newsletter  Other:
Discounts/PROMO Code:  Other:



Location, Location!

One Mile North of the 10 Freeway - One Mile East of the 405 Freeway
Freeway close, yet tucked away in an Intimate Setting.

One block East of Overland Boulevard, just North of Pico Boulevard



# 2366 Pelham Ave, Los Angeles, 90064 One Block East of Overland Ave / Just North of Pico Blvd

(Across the street from F&S Fabrics and East of Westwood Blvd and the Westside Pavilion).

DIRECTIONS: 10 Freeway East or West, exit Overland Avenue, north to Pico Blvd –Right on Pico, left on Pelham Avenue (1<sup>st</sup> Street). 405 Freeway SOUTH, exit Pico Blvd, east to Overland Blvd–go 1 block past Overland, left on Pelham Avenue –on right-hand side. 405 Freeway NORTH, to 10 Freeway East, 1<sup>st</sup> Exit, Overland Blvd –exit and go north to Pico Blvd – RIGHT on Pico and make an immediate left on Pelham Avenue. If you park at a METER, YOU MUST MOVE YOUR CAR after 2 hours – we suggest Parking at the LOT below.

# PARKING: TWO PUBLIC PARKING LOTS-10 hour parking-\$4. PARK at 10 HOUR SPACE.

1. Prosser Ave, 4 blocks East of Overland, North of Pico-Lot on left hand-side past the alley. Walk to Pico, RIGHT 3 blocks to Pelham, RIGHT—on the right-hand side. 2) Overland Ave, North of Pico Blvd next to Chase Bank lot. Turn into the lot immediately after the last house before the Bank Lot. Park and walk south to Overland Boulevard; east one block to Pelham Ave, turn left – we are directly on the right-hand side.

We look forward to seeing you here! Until then, Cook Well, Eat Well and BE Well! Chef Eric