

## **Celestine Publishing Released 12 Steps: Daily Reflections and Personal Journal as Supplemental Material for Latter-day Saint Sponsored Addiction Recovery Program.**

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*12 Steps: Daily Reflections and Personal Journal is designed to supplement materials used in the church-wide Addiction Recovery Program sponsored by The Church of Jesus Christ of Latter-day Saints. What's unique about this publication is its daily focus on the principles that support each of the twelve steps in the program. It is a new resource for families, friends and the addicted who are working toward recovery and sustained good health.*

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**Salt Lake City, Utah, February 1014.** Celestine Publishing announced the release of its newest publication, “12 Steps: Daily Reflections and Personal Journal.” It is a collection of scriptural principles and wise counsel from church leaders and professional counselors and is organized as a daily journal for those pursuing the twelve step addiction recovery program.

The “Twelve Step Program” was originally developed by Alcoholics Anonymous World Services, Inc. It is a universally accepted approach and philosophy for addressing all types of addictions, weaknesses and character flaws. “12 Steps” is designed as a personal journal & daily supplement to The Church of Jesus Christ of Latter-day Saints’ Addiction Recovery Program Guide and not as a replacement. Though this is not an official church publication, it is aligned with their church-wide, twelve week addiction recovery program cycle.

“12 Steps” highlights underlying gospel doctrines and principles of each Step in the program; meant to further encourage additional prevention and recovery activities. It provides daily scripture readings and other relevant counsel and quotes from Latter-day Saint leaders, authors and professional counselors. “12 Steps” also includes journal entry pages for individuals who participate in the ongoing Addiction Recovery Twelve Step program or who are maintaining one of their own.

“12 Steps: Daily Reflections and Personal Journal” is available online through [www.celestinepublishing.com](http://www.celestinepublishing.com) or [www.createpace.com/4650606](http://www.createpace.com/4650606). Celestine Publishing, established 2002, is the publisher of the “Principles with Promise” series; topical guides that catalog thousands of scriptural doctrines and principles for Latter-day Saints, Catholics and the rest of the Christian world. Celestine’s website also contains links to other fiction and nonfiction titles and several blog articles on a variety of scriptural, principle-centered and real world topics by Latter-day Saint Author and Publisher, Vinny DiGirolamo.