



## Cognitive ingredients

evolved

### Cognitive Ingredients & Reference Study Title

#### OmegaH2O® Liquid and Powder DHA 150 Vegetarian

150mg DHA Powder and Liquid, water soluble, clear & shelf stable

<sup>1</sup>The salutary effects of DHA dietary supplementation on cognition, neuroplasticity, and membrane homeostasis after brain trauma.

#### Resveratrol powder 100

100mg per gram Resveratrol, water soluble, clear & shelf stable

<sup>2</sup>Effects of resveratrol on cerebral blood flow variables and cognitive performance in humans: a double-blind, placebo-controlled, crossover investigation.

#### Phosphatidylserine powder 100

100mg per gram Phosphatidylserine water soluble & shelf stable

<sup>3</sup>Phosphatidylserine Containing Omega-3 Fatty Acids May Improve Memory Abilities in Nondemented Elderly Individuals with Memory Complaints: Results from an Open-Label Extension Study.

#### Vinpocetine powder 100

100mg per gram Vinpocetine water soluble, clear & shelf stable

<sup>4</sup>Study of the effects of vinpocetine on cognitive functions.

#### Curcumin powder 100

100mg per gram Curcumin water soluble, clearer dissolving & shelf stable

<sup>5</sup>An Overview of Curcumin in Neurological Disorders.

#### AstaxH2O™ Powder 30

30mg per gram Astaxanthin, water soluble & shelf stable

<sup>6</sup>Effects of astaxanthin-rich Haematococcus pluvialis extract on cognitive function: a randomised, double-blind, placebo-controlled study.

#### PQQwater™ powder 100

100mg per gram PQQ water soluble, clearer & shelf stable

<sup>7</sup>Pyrroloquinoline Quinone (PQQ) Prevents Cognitive Deficit Caused by Oxidative Stress in Rats

#### MCT powder 400

400mg per gram MCT water soluble, clearer & shelf stable

<sup>8</sup>Medium-Chain Fatty Acids Improve Cognitive Function in intensively Treated Type 1 Diabetic Patients and Support In Vitro Synaptic Transmission During Acute Hypoglycemia



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