

Highlight

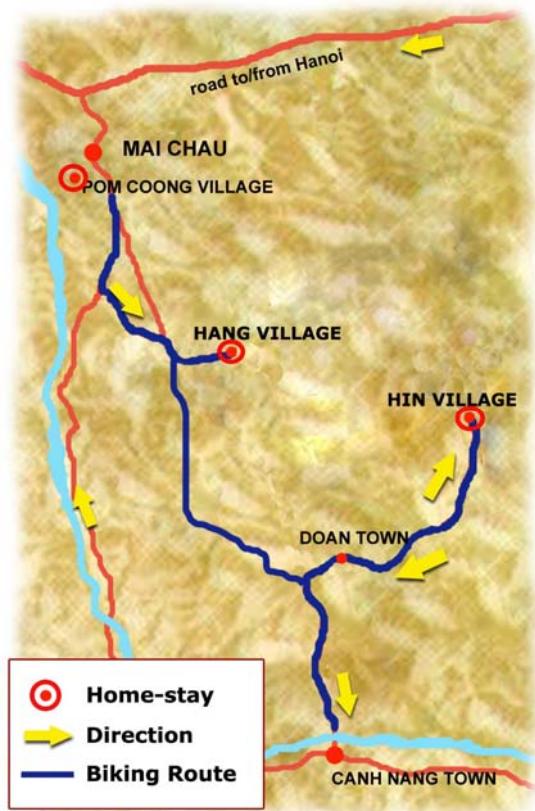
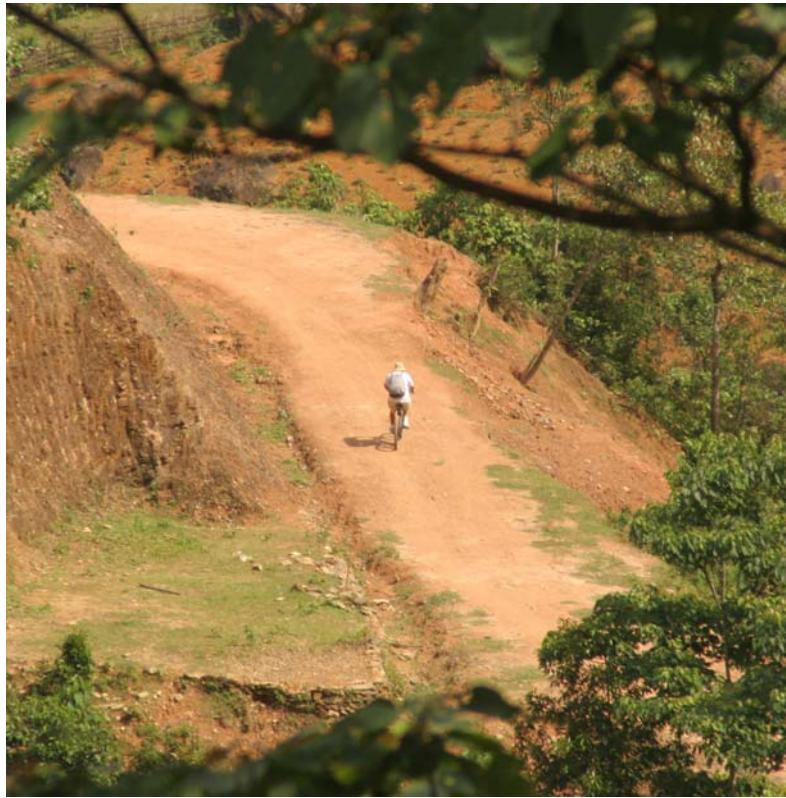
- Biking on the first part of Ho Chi Minh Trail
- Home stay in villages of Thai people
- Stunning scenery
- Traditional foot massage

Itinerary at a glance

- Day 1:** Overland to Mai Chau/Biking to Pu Luong (Hang Village)
Day 2: Climbing mountains to Hin Village
Day 3: Downhill ride to Canh Nang Town/Transfer to Mai Chau
Day 4: Drive back Hanoi

Trip note

Duration:	4 days, 3 nights
Group size:	08 persons
Depart from:	Hanoi
End at:	Hanoi
When:	Year round
Activities:	Biking, Home-stay
Biking grade:	Moderate to Challenge
Transportation:	AC vehicle, mountain bike
Accommodation:	Home-stay
Tour guide:	English or French speaking guide
Meals:	Day 1: Lunch, Dinner Day 2-3: Breakfasts, Lunch, Dinner Day 4: Breakfast



Tour price

Please contact our **Customer Services** at info@activetravelvietnam.com or call +84-9798-00588 (24/7 LiveHelp)

Inclusion:

- Support vehicle
- High-end Mountain bike
- Helmet and biking gloves
- English or French speaking guide
- Meals as indicated in the itinerary
- Home-stay permission
- Water & Snacks
- First-aid kit
- Entrance fees & Sightseeing fees

Exclusion:

- Travel insurance
- Visa
- Tips

Note on client safety

We reserve the right to deviate from this itinerary for any reasons, including road and weather conditions, frequency of visits to a village, or for any other factor which may influence client safety.

Food

All meals, which are indicated in the itinerary, are included in the price of this trip. Since we travel away from town, the emphasis will be on healthy and nutritious fresh local produce. A local cook will accompany us and cook meals at the home-stay



The home-stay

Home-stay in Pu Luong is simple in term of bedding condition and toilet. We will stay overnight in traditional house-on-stilt of the Thai and Muong people and, as the locals do, we will sleep on bamboo floor with mattress, clean sheet, pillows and mosquito nets. Sleeping bags are also provided. Toilet is usually flush-style and some steps away from the main house.

The biking day

A typical biking day starts at about 8.30 am after breakfast. Lunch times can vary depending on the distance. We aim to reach the next overnight stop by 4.30 or 5. During the biking we will have plenty short breaks for rest, snack and photographing.

The bike

On this tour we use 21-speed professional mountain bike in different sizes. Also our helmets are of good quality.

ATV tour guide

The tour will be led by one of our tour guides who is experienced in guiding trekking tours in Vietnam. He has been carefully trained in this field and is fully licensed in tour guiding by the government. In addition, he has been trained in first-aid by SOS International and he knows how to deal with difficult situations. You will have a great time traveling with him.

What to bring

Trekking boot, sun block, hat, anti-insect repellent, sunglasses, rain coat, toiletries, original passport.

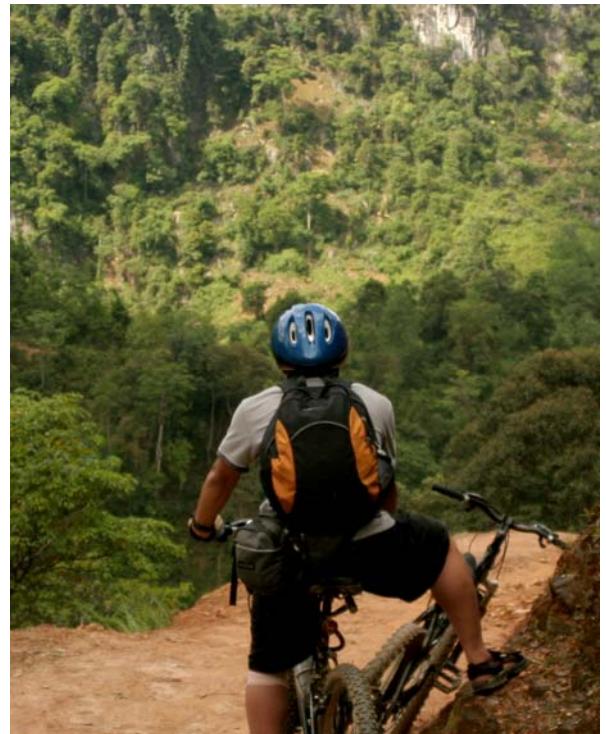
Detailed Itinerary

Day 1: Overland to Mai Chau/Biking to Pu Luong (Hang Village)

Leave Hanoi at 8 am. We drive southwest to Ma Chau, the gateway to the impressive mountainous area of northern Vietnam. The drive is very nice with stunning view of mountains, valleys, sugarcane farms and rice paddies. We would have a stop en route for refreshment. Upon arrival in Mai Chau we have a lunch stop in Pom Coong, a village of Thai ethnic minority. We will have lunch in a local house. After lunch we embark on a biking on village road to Hin, a village of Thai minority group which is located within Pu Luong Nature Reserve. We will first bike on beautiful tar road through Mai Chau valley before jumping into undulating dirt paths. We reach Hang Village around 5 pm. We will have dinner and overnight in a traditional stilt-house of a Thai family.

Summary

Biking:	40km/75% flat and smooth, 25% undulating and bumpy
Meals:	Lunch, Dinner
Accommodation:	Home-stay



Day 2: Climbing mountains to Hin Village

Today is a tough day with long climb on mix of dirt paths and village roads. In the morning we climb mainly. In the afternoon we enjoy easier ride slightly downhill to Hin, a village of Thai minority. Great mountain view and scenic villages. Lunch in local house en route. Dinner and overnight in Hin village.

Summary

Biking: 30km/50% uphill and bumpy, another 50% downhill and bumpy
 Meals: Breakfast, Lunch, Dinner
 Accommodation: Home-stay

Day 3: Downhill ride to Canh Nang Town/Transfer to Mai Chau

After breakfast we say good bye to the villagers and ride toward Ma River passing expansive maize fields. Near the river we would see many water wheels which used by the local to water their farms. We cross the river on bridge and have lunch in Canh Nang town. After lunch we can continue biking along Ma River or take the bus back to Mai Chau. Dinner and overnight in Pom Coong Village.

Summary

Biking: 25km/100% downhill, dirt path
 Meals: Breakfast, Lunch, Dinner
 Accommodation: Home-stay

Day 4: Drive back Hanoi

Breakfast at the home-stay and drive back to Hanoi. We reach Hanoi around noon time. Trip concludes.

Summary

Meal: Breakfast
 Transfer: 2 hrs



Holiday Extensions

Kayaking in Halong Bay: 3-day tour with 2-day kayaking and overnight on Chinese junk

The most famous place for kayaking in Vietnam. Kayak is also the best way to explore how beautiful Halong Bay is, to paddle through islets, to visit hidden caves, lagoons, unspoiled beaches, floating fishing village, to talk with local fish man. Thanks to thousands of islands on the bay, the water is calm, the current is fine, and the wind is not too strong are ideal condition for sea kayaking.



ACTIVELY EXPLORING HIDDEN LANDS

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► Personal expenses