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QUEENS GAP FORMS ALLIANCE WITH LAVALLE METABOLIC INSTITUTE

Rutherfordton, NC – Queens Gap, a North Carolina real estate development located just a short drive from Asheville in the Blue Ridge Mountains, is proud to announce a partnership with the LaValle Metabolic Institute (LMI). This long-term health alliance with LMI ensures that Queens Gap is well on its way to being the first-ever wellness community with a comprehensive focus on integrative health. Queens Gap members will have the exclusive privilege of benefiting from LMI’s substantial breakthroughs in integrative health management.



James LaValle

LMI was founded when James LaValle spun off his practice from the Living Longer Institute to concentrate his efforts on educating and serving clients in cracking their metabolic code and finding great health balance. At LMI, an experienced staff of medical doctors, registered nurses, registered dieticians, a clinical pharmacist and acupuncturist provide an individualized plan of action to clients to help them look and feel better. LMI uncovers what metabolic weaknesses affect each client and builds a plan to help them prepare for lifelong health and well-being.

Says James LaValle, founder of LMI, “The metabolism is influenced by a complex web of factors that affect your health. When we examine a patient’s metabolism it’s like going to a crime scene; there are always clues that lead to reasons why they have been robbed of good health.”



The Queens Gap Wellness Pavilion

The LMI alliance is a natural extension for Queens Gap, where a comprehensive focus on health and well-being has already been established. The community’s planned 18,000 square-foot Wellness Pavilion and Spa will have been designed to encourage members in their pursuit of health and well-being. The community’s 4000 acres provide a multitude of opportunities for members to get outside and be active, enjoying time with friends and family. Says Queens Gap founder Devin McCarthy, “The alliance between Queens Gap and the LaValle Metabolic Institute is a natural fit that compliments the focus on health and

well-being that has already been established at Queens Gap. Our members are looking for ways to maximize their time with their friends and family, and being healthy is one of the best ways to do that. I have the utmost respect for James LaValle and his work at LMI and I look forward to introducing this alliance to Queens Gap members.”

About Queens Gap – Queens Gap, located on 4,000 acres in the Blue Ridge Mountains of Western North Carolina, offers the ultimate mountain private club lifestyle. Panoramic vistas of unspoiled forests, world-class golfing on a Jack Nicklaus Signature Course, and endless other recreational activities including wellness activities, fishing, hiking, boating, tennis and equestrian and more are all a part of this new private club offered by Devinshire Land Development. Queens Gap is currently offering estate and cottage home sites for sale. For more information about Queens Gap please call 888.388.4640 or visit the website at www.queensgap.com.

About Devinshire Land Development – Devinshire Land Development is a real estate development venture headed by Devin McCarthy. Devinshire was established to develop luxury communities with outstanding services and amenities in world-class locations. The company’s first venture, Queens Gap in the Blue Ridge Mountains of North Carolina, is currently building a Jack Nicklaus Signature golf course and other infrastructure and amenities. The community is offering estate and cottage home sites for sale.

About LMI – The LaValle Metabolic Institute is one of the leading interdisciplinary clinics in the country. James LaValle has over 20 year experience in clinical practice, has written over a dozen books, teaches at the University of Cincinnati College of Pharmacy and College of Medicine and educates physicians, pharmacists and other healthcare professionals worldwide on metabolic health. LMI attracts patients nationwide. You can learn more at www.lmihealth.com or LaValle’s book, “Cracking The Metabolic Code,” (Basic Health Publications, 2004).