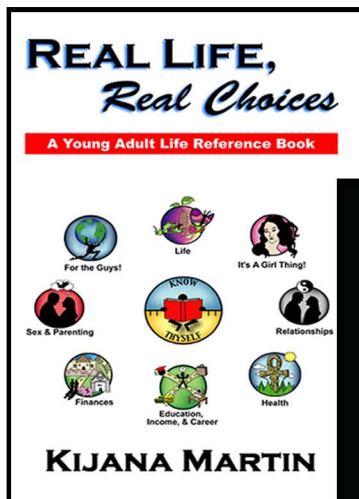


REAL LIFE, Real Choices

A Young Adult Life Reference Book



Real Life, Real Choices

Author: Ms. Kijana Martin

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Author

KIJANA MARTIN

Kijana Martin, a Chicago, Illinois native currently resides in Texas with her three sons.

She is developing RealLifeRealChoices.com to complement the book, "Real Life, Real Choices" and after being requested by several social service agencies, she is writing a "Real Life, Real Choices" workbook.

Kijana is also a life coach, and is enjoying touring and writing other enlightening books.

Author, Kijana Martin, felt it important, after growing up in the ghetto, to write a book giving teens/young adults a point of reference to sensitive subjects that are plaguing today's youth. She candidly uses her life as an example to provide support, advice, and options to let teens/young adults know that they are not the only one to have a particular experience and no matter what, you can instantly change your life by making an educated choice.

"Real Life, Real Choices", a unique power-packed life reference book, targets teens/young adults and parents, providing real life examples of the impact of the breakdown or lack of communication in families, parental presence, and positive influences; how they can be avoided or changed, and how young adults can be raised to live safer, happier, waste less time on past hurts, and enter adulthood with the ability to make educated choices despite external influences beyond their control.

"Real Life, Real Choices", contains over 100 chapters in the following nine sections:

- Self
- Life
- It's a Girl Thing!
- For the Guys!
- Relationships
- Sex & Parenting
- Health
- Education, Income & Careers
- Finances

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Amazon.com Customer Reviews

"This book is so nicely written." By Marilyn Jackson

"I ordered this book for my granddaughter. I read it first. It's very easy to read and it holds your attention. It's to the point and it doesn't bore you. I love the way she highlighted the important parts and the affirmations and action boxes at the end of each chapter. This would be a great book to teach a class with. I'm going to order one for the rest of my grandkids."

"Wonderful and Insightful!" By L. King

"I am generally not a self help book person, but when I read through this book in the 'take a peek at what's inside' of this book, I found myself wanting to read more. I purchased it and I'm glad I did. This book is full of advice and ways to be a better parent and also be a better person. The information and advice comes from real experiences from the author, which captivated me more. I learned some things about myself in ways that I could have been a better parent. I had to ask my daughter which is my first born, if there was anything I could have done differently that would have made her life more fulfilling through my communication with her."

"The book covers every aspect of life choices from, parenting, finances, hygiene, how to be successful in a job interview, to how to tip in a restaurant. This book is filled with insight and honesty. And for young adults in this day and age, a little backup in knowing how to survive can only make you a better person and your life easier."

"I encourage the purchase of this book as a helpful tool for parenting, and a tool for young adults as a manual to guide you in the right direction. I don't think you will be disappointed. I hope this review has been helpful."



A BOOK TO GROW UP WITH!

REAL LIFE, *Real Choices*

A Young Adult Life Reference Book



KIJANA MARTIN

REAL LIFE, *Real Choices*

Parents/Adults

As parents we make every attempt to supply our children or loved ones with the necessary life tools.

We may even be the best parents in the world and as hard as we try, we sometimes fail to address important issues either due to:

- Lack of knowledge
- Having been raised (ourselves) in an environment where "we just don't discuss those things"
- Lack of time
- Being uncomfortable with having that type of conversation

You now have an opportunity to provide a powerful information packed reference book that discusses over 100 topics while providing real life examples.

With life demands, we are unable to be with our children at all times. By providing "Real Life, Real Choices", you give them valuable insight and the opportunity to make an informed choice. With the opportunity to know better, comes the opportunity to do better.

Young Adults

Do you feel alone, that no one understands your situation or you don't have anyone to talk to?

Do you have questions you'd like to ask your parents but feel you can't?

Do you want to change the direction you're headed but just don't know how?

Do you understand the power of choice?

"Real Life, Real Choices" addresses many if not all the sensitive subject matter for which you desire answers or clarification.

You are not alone or the only person to experience a particular situation.

Parents don't know and/or share everything for various reasons.

Children don't come with a manual and parents do the best they can with the knowledge they have.

By using the power of choice, you can change your life in an instant. Empower yourself by reading "Real Life, Real Choices".

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**From The Author
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Real Life, Real Choices is a book that you grow up with. It uniquely addresses topics that are relevant to a teenager today and those that will be useful to them as an adult.

Invest in your present and prepare for the future.

Parents often use Real Life, Real Choices to:

- Remind them of the things they'd like to discuss with their child
- Be a resource when they are uneasy about discussing sensitive topics
- Address and heal from experiences that they themselves have had
- Give their child what they didn't have growing up
- Prepare their child for the future

Young adults find Real Life, Real Choices to:

- Be an awesome resource
- Provide answers when they are uncomfortable when speaking with their parents
- Be helpful because it provides real life experience
- Be available when no one is around to talk to
- Be helpful because after reading, they are able to make an educated choice

How to order Real Life, Real Choices

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