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A Calendar of Stories About Anxiety and Children

<p>January</p> <p>Afraid of the Dark: How to Help Children Tame the Boogey Man</p>	<p>February</p> <p>Helping Children Trust Others After the Loss of a Parent</p>	<p>March</p> <p>National Sleep Awareness Week: How to Help an Anxious Child Enjoy Going to Sleep</p>
<p>April</p> <p>Fearing Death: What is Normal for Children and How to Help Them Understand It</p>	<p>May</p> <p>National Anxiety and Depression Awareness Week: How to Recognize Symptoms of Overactive Anxiety in Children</p>	<p>June</p> <p>Bad Luck or Heredity? What is Genetics' Role in Developing Anxiety?</p>
<p>July</p> <p>Calming Fears (Parents and Children's) About Sleep Away Camp</p>	<p>August</p> <p>Starting School Smoothly -- Tips and Techniques for Parents of First-Time Students</p>	<p>September</p> <p>Winning Friends on the Playground</p>
<p>October</p> <p>Clowns, Ghosts and Vampires: Helping Children Separate Fear from Reality</p>	<p>November</p> <p>Giving Thanks for the Worried Child: The Lessons Childhood Anxiety Teaches Us</p>	<p>December</p> <p>Give the Gift of Worry- Handling Tools and Skills</p>

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