

FatigFix™

FatigFix™ is clinically proven and recommended for:

- Relief from the symptoms of fatigue
- Boosting energy levels
- Improving the quality of sleep

FatigFix™ is a nutraceutical, combining extracts of three medicinal plants that have long histories of safe use as adaptogens (i.e. herbal products with the reported properties of increasing resistance to stress, trauma, anxiety and fatigue).

FatigFix™ was designed to help reduce the symptoms of fatigue and to promote improvements in sleep quality.



In a double-blind, placebo-controlled study in over 120 middle aged individuals complaining of fatigue symptoms, FatigFix™ significantly improved a number of self-reported fatigue and sleep quality assessment scores over a three week test period.

FatigFix™ is well-tolerated with clean acute and sub-chronic toxicology profiles.

Adaptogenic Plants

Adaptogens are plants that are often rich in anti-inflammatory and antioxidant compounds. FatigFix™ is a novel combination of *Rhodiola sachaliensis*, *Gynostema pentaphyllum*, and *Lycium barbarum*, three potent adaptogens that have powerful antioxidant activity.

Clinical Data

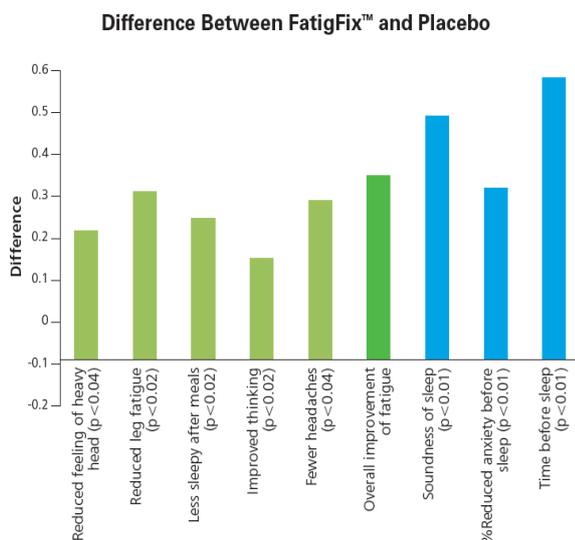
FatigFix™ was evaluated in a double-blind, placebo-controlled study in 120 middle aged individuals (50-65 years) suffering from the symptoms of fatigue over a three-week period.

Measures of fatigue and sleep quality were assessed through self-assessment questionnaires.

The study found a significant improvement in five key fatigue factors, and an improving trend in 11 others.

There was a significant improvement in sleep quality, with reported sounder sleep, greater ease at falling asleep and lower anxiety.

There were no side effects and no differences in clinical biochemistry between the FatigFix™ and placebo groups.



About Phynova

Phynova is a drug development company specialising in the development of pharmaceutical prescription drugs, OTC, consumer health and personal care products from botanical extracts.

Phynova relies on rigorous scientific techniques to ensure high quality, safe and efficacious extracts derived from medicinal plants. In addition to its pipeline,

Phynova is able to develop bespoke ingredients based on clients specifications.

For more information about Phynova, you can visit: www.phynova.com

We are seeking international distribution partners. Private labelling and customised options are available. Please direct all enquiries to:

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