



Who Are We?

The Next Step Foundation is a 501(c)3 non-profit, faith-based recovery community for women who are serious about overcoming their addiction to drugs or alcohol. Next Step provides these women a home environment that helps them progress in recovery through living out the spiritual principles underlying the Twelve Steps so that they will build a strong foundation of lasting sobriety and become productive members of their families and society.

What is Our Vision?

The Next Step Foundation was started by a group of individuals who started a running program at a local homeless shelter and came face to face with the fact that there is nothing available for women in the Wabash Valley who desire to take the “next step” toward recovery. Together, this group formed a foundation and purchased a facility at 619 Washington Ave in Terre Haute to provide a much-needed residential environment for up to 30 women that will provide treatment services, recovery group meetings, 12-step studies, spiritual guidance, meals, housing, utilities, local telephone service, and laundry facilities. The facility will also become a meeting place and educational resource for the recovery community throughout the Wabash Valley by hosting 12-Step meetings and providing life skills training, counseling, job skills training and other services necessary to support those in recovery.

As women progress in their recovery process, we envision a time when we will also provide transitional housing for women ready to move into separate apartments that will allow them to be re-united with their children, find jobs and child care and transition back into society while still remaining closely tied to the Next Step Recovery community.

Why is Next Step Necessary?

There is currently no place available in the Wabash Valley area for a woman to go who is serious about her recovery from drug or alcohol abuse. According to Access to Recovery, there were a reported 318 individuals referred for post incarceration treatment and other support services during 2010 in Vigo County alone and there are only 10-15 beds available in a five county area for treatment. There is NO residential recovery facility in our community focused on serving women ONLY. According to the Vigo County Local Coordinating Council:

1. Alcohol and other drug abuse continues at an unacceptable rate (and)
2. There are gaps in substance abuse treatment services.

Next Step was formed as a result of one of these gaps in order to help women (and by extension their children) who desire to recover and return to their families and to society.