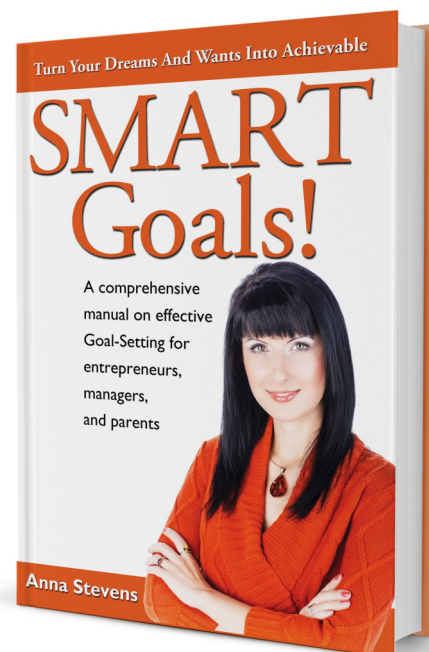


# SMART Goals!

by Anna Stevens

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## HOW IS THIS BOOK DIFFERENT?

This book is a comprehensive manual on effective goal-setting for entrepreneurs, managers, and parents. It offers practical strategies to identify the goals that are meaningful and matter most to you. It teaches you to objectively evaluate your goals and eliminate the ones that are not realistic. It provides solutions for overcoming challenges that arise as you're moving along the way to your success. It coaches you how to face fears rather than to avoid them. It arms you with useful tools and know-hows to empower you to take actions that will ensure the results you desire. Finally, this book supplies you with questions that are meaningful and significant and are aimed to help you through your self-discovery process.

**Despite what you already know about goals, this book is a must-read as it offers a practical step-by-step strategy that is proven to produce positive long-lasting results.**



## ABOUT THE AUTHOR:

Anna Stevens has taken her life from being a homeless victim of domestic violence in a foreign country where she even couldn't speak the language to being a successful entrepreneur, business coach, media expert, happy wife, and an AUTHOR! She will soon graduate with an MBA from GA State University, Robinson College of Business.

## ADVANCED PRAISE FROM FIRST READERS:

*Anna's approach is succinct and to the point. I manage a small diverse group of individuals scattered across an entire GA state, and their time is at a premium. I plan to introduce them to Anna's book and methods of developing SMART goals as a way to make the most of their time while doing their primary job and advancing their position and value to the company.*

— Bill Markesteyn, Field Services Manager, Hewlett-Packard Company

*Anna has taken a key business and personal concept, goal-setting, and has provided an action-oriented tool that individuals can actually use each and every day at work and at home. Great job!!!*

— Bernadette Boas, Coach, Author, Speaker, Radio Personality, Creator of the movement Shedding the Bitch®

*This chic has got it GOing! Not letting the hand she was dealt keep her dreams from becoming reality, Anna took control of her life's journey... Packed with essential keys, motivational guidance and action oriented, step-by-step game plans, the SMART goals Book is a must-have for every 'go get 'em' entrepreneur's library.*

— Coach Jenn Lee, Motivational Speaker, Small Business Strategist, Corporate Trainer and Life Coach, Coach Jenn Lee

*I am a mother of five children and found Anna's book to be so helpful and inspiring! Since I have read Anna's book, my children and I are working on our own mission statement that will help us reach our personal and family goals. It is a must-read!*

— Lorynn Hollie, Mother of Five

## FEATURED IN MEDIA: