

Get Balanced Slacklining 101



Hosted by
GEROLSTEINER


Slacklining is the act of balancing and bouncing on a long flat webbing. The line is not fully taut, which allows for tricks and stunts to be performed; think of it as a cross between a tightrope and a trampoline. It's the hottest sport on the planet and now you can get in on the action!

Gerolsteiner Sparkling Mineral Water is hosting the New York's first public

Get Balanced Slacklining 101 Expo.

Who: You! Sign up and invite your friends and family* – All welcome!

What: Watch the pros defy gravity and strut their stuff on a slackline and you too can learn to balance and bounce on a slackline in the free group training clinics* throughout the afternoon.

When: Saturday, 12 noon – 4:00 pm, October 26, 2013

Where: Hudson River Park's Pier 84, At West 44th Street, New York

Pre-register for training clinics at GetBalanced.eventbrite.com

There'll be contests, giveaways and of course plenty of Gerolsteiner to keep you refreshed.

And did we mention it's free?

Learn more: www.facebook.com/gerolsteinerUSA

*Anyone over the age of five may sign up for slackline training; an adult must accompany all children under the age of 18. Please be sure to bring ID and wear flat shoes. Event organizers reserve the right to prohibit all access to the training clinics and performances area.

