

## **Amy Vaughan announces release of *Positively Sensory!* with integrated Learning Strengths Profile assessment tool**

Springfield, Missouri – February 22, 2015

Amy Vaughan has released her first book, *Positively Sensory! A Guide to Help Your Child Develop Positive Approaches to Learning and Cope with Sensory Processing Difficulty*, currently available online at Amazon.com.

Written as a resource for parents, teacher and professionals, the book walks the reader through the reasons a child chooses specific behaviors and helps problem solve through methods of engaging that child toward more positive behaviors. What connects with your child? What motivates them? What makes them do what they do? How can you redirect a child's negative behavior to something more appropriate? *Positively Sensory!* explains that the solution is more than just positive and negative reinforcement and is about truly connecting with what drives your child at a deeper level.

Amy Vaughan is recognized for her accomplishments as a pediatric occupational therapist. She has developed a professional reputation for her skill in finding positive approaches to learning for gifted, typical and special education students and in assessing and treating autism spectrum disorders and sensory processing issues,

*"Positively Sensory!* was written as an effort to support professionals and parents in their quest to meet children right where they are and walk forward into a better tomorrow," says the author. "It is designed to provide a framework for setting up positive behavior and learning situations that will build into skills and relationships. Whether a child is dealing with anxiety, difficulty in learning, problem behavior or sensory processing difficulty, this book is designed to be a resource to help set parents and child up for success."

Children operate on at least two levels, engaging the world around them by taking in sensory information and then engaging the world through behavioral activity. The challenge for the parent, teacher or professional arises when the sensory information a child takes in is not accurate, which when leads to an output of behavioral activity that is less desirable.

The job of the parent, teacher or professional of a child who is struggling with internal stressors such as sensory processing or attention issues or external stressors such as fight, flight, or fright behaviors in response to specific situations is to connect with the child through their core strengths and interests, reaching the true motivators and then bringing those to the forefront to engage the child in positive behaviors.

*Positively Sensory!* gives the reader a strategy for making those connections while also evaluating the child's strength areas through its proprietary Learning Strengths Profile evaluation tool. Once the child's strengths are defined, *Positively Sensory!* gives practical exercises and tools for building on a child's strengths to increase success, enrichment, and quality of life.

Amy Vaughan is an occupational therapist practicing in Missouri. She has worked in multiple therapy settings including hospitals, schools, clinics and private practice. She is board certified in pediatrics and has spent her career studying and working with children in order to set them up for healthier, happier development and learning. She currently leads the pediatric occupational therapy team at The Autism Center of Burrell Behavioral Health in Springfield, Missouri. She also writes and speaks extensively while raising her own four children alongside her husband, John. In recent years, she has been awarded both the 40 Under 40 Award as well as being one of the 20 Most Influential Women in Southwest Missouri by The Springfield Business Journal.

*Positively Sensory! A Guide to Help Your Child Develop Positive Approaches to Learning and Cope with Sensory Processing Difficulty* is a 256-page book published by Scribble Media, LLC. With a list price of \$26.99, this 8-1/2 by 11 inch book is accessible to both professionals and parents who want to build happy, healthy relationships with children through a combination of behavioral strategies and sensory processing exercises. The book's technical content is wrapped around an assessment tool, the Learning Strengths Profile, designed to capture a child's learning strengths for the purpose of understanding how that child engages best in learning and relating to the world around him.

**Endorsements for *Positively Sensory!*:**

*“Through Amy and her work, I have a new depth of knowledge and deeper appreciation related to sensory processing and how it can permeate into every piece of behavior, performance, and interaction. She is able to look past the obvious and see things from a different perspective, and her insights are invaluable on our team and to the mental health world. She is truly gifted in finding the strengths a child or family has and then using them as building blocks toward growth. She is passionate about seeing kids blossom and thrive, and I love watching the transformation when a family encounters her or her work.”*

Susan Henderson, Psychologist, BCBA  
Director of the Burrell Autism Center

*“Amy gave us the tools we needed and showed us how to make small changes in our daily life to help our son with the sensory issues that were overtaking his life. We have continued to create an environment for our son with his sensory needs in mind over the years with Amy’s support and direction. The best part is, our son has enjoyed these activities! It is play with a purpose. Today, our son is a thriving 9 year old! He loves people, he is kind, and he is doing well in school academically and behaviourally. Amy released our son from living in a body that constantly felt out of control, and now he is free to enjoy life. For that, I will be forever grateful.”*

Deb Fusek, Mom  
Community Specialist, Midwest Foster Care and Adoption Association  
Director of The Reach Effect Foundation

*“Amy Vaughan is passionate about helping all kids achieve success. If there were a show called “Extreme Makeover- Kid Edition” Amy could be the star. Her many outstanding achievements pale in comparison to her ability to recognize a child’s unique learning needs and individualize a plan of action to launch each kid toward success. Her heart to serve others and the way she loves kids is one of her greatest assets. I have been waiting for this book to come out and will immediately put her suggestions into practice within our school and with my own family.”*

Jackie Douglas, Mom  
Gifted Education Teacher

*“My daughter said, ‘Everyone needs OT, but only some people get to get it.’ Through a book like this, more people will have life changing information.”*

Janet Fritsch, Mom  
Speech and Language Pathologist

**Contact:**

If you would like to receive a copy of *Positively Sensory! A Guide to Help Your Child Develop Positive Approaches to Learning and Cope with Sensory Processing Difficulty*, for review, or to interview Amy Vaughan, please contact:

Scribble Media, LLC

Telephone: +1-417-459-4749

Email: [contact@scribblemedia.net](mailto:contact@scribblemedia.net)

Amazon link: <http://www.amazon.com/dp/0990895203>

Amazon author page: <http://www.amazon.com/Amy-Vaughan/e/B00OY7NFL6>

Currently available in 8-1/2 x 11 paperback