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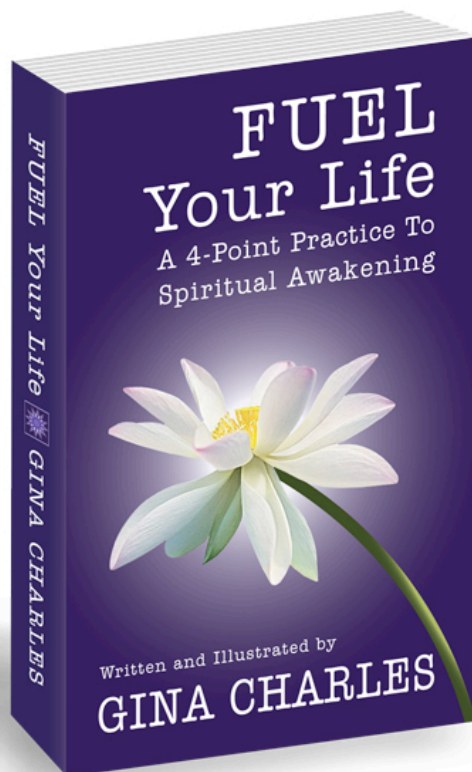
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Author:

Gina Charles writes about spiritual awakening and authentic living with wit and practicality. She is the author and illustrator of, Shift Happens, and FUEL Your Life. Gina is also the founder of the New World Apparel dot com.



New Book Release:

FUEL Your Life
A 4-Point Practice To Spiritual Awakening

March 2015 - NEW YORK - FUEL Your Life takes you beyond the conceptual understanding of spirituality, to living it. This book offers a 4-point practice that can be applied to our everyday lives. Manage stress, open the creative flow, find life purpose, enjoy enhanced relationships.

It is possible to step out of pain and suffering, and experience positive change. Live outside of the limitations of unnoticed thought and rote behavior. The life of your dreams is an authentic life experience. LIVE your power. FUEL Your Life.

PAPERBACK: ISBN-13: 978-0-9861138-1-9, \$12.99, [FUEL Your Life Paperback](#).

EBOOK: ISBN-13: 978-0-9861138-0-2, \$5.99, [FUEL Your Life E-book](#).

BOOK TRAILER & IMAGE: <http://ginacharles.com/fuel-your-life-book/>

QUOTES & EXCERPT: <http://ginacharles.com/fuel-your-life-excerpt/>

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