11 -21-15

food insecure households, including 33.3

million adults and 15.8 million children.

(Source: Feeding America)



7:00am



KINDNESS...
Nearly 1 in 3 students (27.8%) report being bullied during the school year. (Source: National Center for Educational Statistics, 2013)

ZMax Dragway - 6570 Bruton Smith Blvd - Concord, NC 28027

# gabesheartfoundation.org 980-275-0571

#### REGISTRATION

Name		Date
Phone Number	Email Address	
\$40 ALL ACCESS	\$30 REGULAR	\$20 YOUTH REGISTRATION
Gender Shirt Size	I will WALK	RUN
Make all checks payable to	Gabe's Heart Foundation Pay via Pay	Pal on our website or Eventbrite

https://www.eventbrite.com/e/gabes-heart-foundation-5k-walkrun-tickets-18449797842

# JOIN US FOR A DAY OF SERVICE, FUN & FRIENDSHIP

## \$40 ALL ACCESS EXPO PASS

Includes free screenings in wellness pavilions & guaranteed GHF T-Shirt

## \$30 REGULAR REGISTRATION

18yrs & older - includes T-Shirt [\$20 - Registration & No T-Shirt]

### **\$20 YOUTH REGISTRATION**

Children up to 17yrs - includes T-Shirt [\$10 - Registration & No T-Shirt] ADD \$5 FOR ONSITE REGISTRATION







**ALL DRINKS (Water, Soda & Powerade)**Provided by Coca Cola Bottling Co., Charlotte, NC

PLEASE BRING 2 CANNED GOODS
All Goods Will Be Donated To Local Shelters

#### **OTHER SPONSORS INCLUDE:**

Mt. Gilead Full Gospel Church, Jake's Fitness, Northwest Cabarrus Middle School, Mallard Creek Elementary School, Agenity, Lamont J, Gabriel Michael Jacobs Memorial Choir, DI Real Estate and Staging, Charlotte Flames Basketball Team, The Fresh Expert Corine, Thirty-One by Veronica & The Northeast Dolphins



#### **RELEASE FORM**

In consideration for the opportunity to participate in the 5K Walk/Run activities being held by Gabe's Heart Foundation on November 21, 2015, I on behalf of myself and respective heirs, successors and assigns hereby release, discharge and quitclaim unto Gabe's Heart Foundation and its Directors, Agents, and all affiliated parties any claim for injury, loss or damage of any kind to any person or property or that of any of my respective heirs, successors, assigns, and any minor children for which I am parent, custodial parent or legal guardian who may participate in this event any and all expenses and costs however caused arising out of or in connection with the participation of the undersigned or the minor child of the undersigned in this event.

The undersigned further acknowledges that he or she has carefully read the above Release and knows and understands all of the contents thereof and further understands that by signing this release he or she gives up the rights and assumes the risk of injury or property damage and signs this Release as their free and voluntary act.

Name	Signature		
Date			