

group 7 foods™ displays its gluten-free Dessert Naturally™ at the 2015 Triangle Vegfest in Raleigh, NC

Raleigh, NC – October 12th, 2015 North Carolina based start-up **group 7 foods, inc.** will showcase its all natural 100% Gobbledygook Free™ products at the Second Annual Triangle Vegfest on October 17th, 2015 at Moore Square in Raleigh, NC from 12 noon until 5pm. “We are proud to have North Carolina based gluten-free vegan Dessert Naturally by group 7 foods among our seventy (70) plus vendors at the this year’s Vegfest.” states Helene Greenberg, head Triangle Vegfest coordinator.

group 7 foods Co-Founder Peter Mullen mentioned “Stop by at this year’s Triangle Vegfest, where we debut our newest Caramel Apple Pie Dessert Naturally 2 Go™ featuring our gluten-free vegan spread made with real apples. We will offer visitors free tastes, a show special, and also support the Piedmont Farm Animal Refuge with \$1.00 from every sale.”

100% Gobbledygook Free

All products are made from 100% all natural gluten-free ingredients with no -ates, no -oses. no artificial colors, flavors, stabilizers, thickeners, or preservatives. **group 7 foods** uses natural sweeteners like apples, dates, and maple syrup, rather than refined white sugars designed to cater to the growing need for allergen-friendly foods that are minimally processed and low in sugar without compromising flavor.

Dessert Naturally Spreads & Dessert Naturally 2 Go™

All spreads are gluten-free and used as a healthy alternative to peanut butter or chocolate spreads in a sandwich, as frosting, with fruit, or enjoyed perfectly simply on a spoon. Available in Brownie Butter,™ Caramel Apple Pie, Mochaccino and Carrot Cake versions and all are also vegan and free of most major allergens. **Dessert Naturally 2 Go™** are single-serve layered desserts featuring Dessert Naturally Spreads. In addition to the ever-popular Brownie Butter Parfait, featured for the first time to the public at the Triangle Vegfest will be a vegan Caramel Apple Pie Dessert Naturally 2 Go.

The Dessert Naturally line premiered at the Charlotte Vegfest earlier this year. Queen City Pantry’s owner Rochelle Baxter states: “Queen City Pantry is a collection of high quality locally-sourced foods offered in Charlotte’s Atherton Mills Market. Our customers are very happy to be able to purchase all of the group 7 foods healthy and tasty Dessert Naturally products.”

About group7foods, inc. Tasty Food. Done Healthy.™

A Charlotte, NC based producer of “tasty food. done healthy.™” founded in 2014 by two dads who cook with natural ingredients and from scratch. **group 7 foods** products were created for our co-founder’s daughter Elsa who was diagnosed with celiac disease at two years of age. All products are hand-crafted and 100% Gobbledygook Free.

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