

Vaidam Health helps a Paralyzed Nigerian Woman to Get on Her Feet Again

In early 2016, Ruby Zufa, a 36 year old management consultant from Lagos, suffered a grave tragedy in the form of paralysis caused by a spine tumour. Despite the odds, Ruby was determined to get back on her feet. However her immobility posed several challenges in being able to find the right medical facility. The answer lied in the Internet. She researched extensively and came across [Vaidam Health\(www.vaidam.com\)](http://www.vaidam.com), a medical travel assistance company in India. The team and services were promising, but she was hesitant – Could she trust someone sitting continents away?

Despite her anxiety, she asked her brother to engage with the Vaidam Health team in India. The Vaidam team understood her case, helped her consult with doctors, offered multiple options for treatment and after her family's approval, Ruby chose [Fortis Hospital](#) in Gurgaon and made the trip to India. "I was given multiple options of doctors and hospitals. Though I was initially not sure about the whole thing, later I trusted on them fully. They even organized telephone conferences so that I and my family could have a talk with my doctor, [Dr. Sandeep Vaishya](#)," said Ruby Zufa.

According to Dr.Vaishya, Zufa's case was very complex. "She had a spine tumour, which is known as Neurofibroma. In this case the tumour is made up of myelin, a fatty white substance, which surrounds the axon of some nerves. As it was on the spine, which is one of the most important parts of our nervous system and it crosses tissue boundaries, it became more challenging to operate it," said Dr.Sandeep Vaishya, Director of Neurosurgery department at Fortis Memorial Research Institute, Gurgaon.

Her treatment started immediately after she landed in India. Thorough check-ups and tests were conducted before the surgery to see whether she has any other medical complexity. The treatment was miraculously successful as Saeed recovered speedily and was on her feet within a week. "I have been going through a lot of pain. My whole body was paralyzed. I didn't even expect that I can recover so soon. I thank Dr. Vaishya and the whole team of Vaidam for helping me and being by my side", said she.

We spoke to the Vaidam team in India to learn more from them, "When Ruby's brother narrated her story to us, we took it as personal challenge to get her on her feet", said Pankaj Chandna, Co-Founder of Vaidam Health. Chandna had worked for Hospitals in USA and Healthcare companies in India, before conceiving Vaidam.

"Very few people in India can claim to have the kind of network of doctors and hospital as Vaidam has today." said Manish Chandra, Co-Founder of Vaidam Health. He has worked for some of the largest internet technology companies before deciding to team up for Vaidam. He hopes to build Vaidam as a virtual window for the world to any medical provider in India.

Together they are creating the world's finest curated platform connecting patients with doctors and hospitals around the world. So far they have listed 40 hospitals and 800+ Specialists amongst the leading hospitals in India. In the next 12 months they plan to curate 150 leading hospitals suitable for medical travelers. They aim to bridge the gap in medical care with the help of technology, passion and professionalism.

"The content on our website is researched and curated. We hope to present every bit of information, ranging from different hospitals, doctors to accommodation and transport facilities, to people who are sitting in a different continent and help them in effective decision making", says Chandra.

The Vaidam team does not limit their services to the parameters of medical care and accommodation but also provides all the necessary services their client needs. After Saeed was discharged from the hospital, Vaidam arranged physiotherapy sessions at her guest house. When she needed a visit to a salon, Vaidam assisted her with 'at home services' from a trusted vendor. "We like to take the anxiety away from people's mind and make them feel at home", said Chandna.

So far Vaidam has helped 1500 patients from countries like Nigeria, Kenya, Mozambique, Oman, Fiji and Maldives. "While we are building our internet based platform, we are also partnering with healthcare providers to create advanced medical services in patients' home countries," the two very excited co-founders of the company, Chandna and Chandra, share their future goals.

About Vaidam: Vaidam Health Pvt Ltd is an ISO certified medical travel assistant company. It connects international patients, who seek cost effective treatment in India, to reputed doctors and leading health care centers and hospitals in the country. The company acts as a mediator between the doctor and the patient and provides effective services and prompt communication to the enquiries posted on their site. From booking flight tickets and acquiring VISA to assisting their clients in the medical care and accommodating them in the preferred city, Vaidam arranges every amenities and comfort for their clients, free of cost. You can reach them through their website (www.vaidam.com) as well as their [Facebook](#) and [Twitter](#) pages.

About Fortis Memorial Research Institute, Gurgaon: The brand of Fortis was established in 1996. NABH certified Fortis Memorial Research Institute (FMRI) ranks second in a global study of the 30 most technologically advanced hospitals in the world conducted by topmastersinhealthcare.com. It is also known as the 'Mecca of Healthcare' for Asia Pacific. With medical departments of expert doctors, super sub-specialists and specialty nurses in cardiac science, neuroscience, emergency and trauma, bone and joint, renal sciences, gastro sciences, critical care and organ transplants, FMRI possesses a sound infrastructure that constitutes about 10,000 beds, the first of its kind E-ICU, 256 Slice Brilliance ICT Scanner, Bi-Plane Cath Lab, world's first digital MRI technology 3 Tesla. The hospital is just 25 minutes away from the New Delhi International Airport and provides both premium and budget stay options and other exclusive facilities.