Anonymous UC Berkeley graduate has donates 15 Forever Love Boxes for the grieving mothers of the Oakland Ghost Ship fire victims

Did you know that grieving mothers are 133% more likely to die within the first five years after the loss of a child?*



Ventura, CA, December 16, 2016 - Losing a child is considered the hardest journey that a parent can make. The road is long, lonely and fraught with risk.

As a grieving individual herself, the donor has had 3 family members die in the past year and knows how difficult it can be for the remaining family. Some years ago, this donor also was affected by an arson fire and was able to get out in time with just smoked inflation.

The donor also felt called to send condolences as she connected with the difficult time finding housing as a college student at Berkeley. At the time, the donor also went with friends to underground venues in San Francisco to listen to music and dance in places South of Market Street.

"I want the boxes to be delivered to Oakland Fire Chief, Teresa Deloach Reeda for distribution because she is also a mom." said the donor, "and because my neighborhood is filled with firefighters who go out of their way to help others."

The founder of ForeverLoveBoxes.com is making her holiday box available at cost for others that wish to send their support to the Oakland victims' mothers. *Winston Oglov*, purveyor of fine embossed journals, has also stepped up to provide journals for the Oakland Fire gift boxes for mothers. Anyone wishing to send a gift box to the mother of an Oakland Ghost Fire victim can find more information available here:

http://foreverloveboxes.com/giftboxes/content/oakland-ghost-fire-mothers-foreverloveboxes#

"As a grieving mother myself", said Barbara Wolfe, founder of ForeverLoveBoxes.com, "I recognized that family and friends often feel helpless with how to support those mourning a tragic loss. They are often unfamiliar themselves with the grieving cycle and might not understand the need for continued support over the long term." Distance and the constraints of time can also impede support. "In the case of the Oakland Fire, our hearts are pulled to reach out to the families and I am so grateful we can participate even just to let them know that they are not alone in their journey."

About Forever Love Boxes

Barbara Wolfe recently left her career as a Public Library Director to launch Forever Love Boxes in order to work fulltime on her mission to provide monthly gift boxes of healing specifically for those suffering the loss of a loved one. These subscription boxes are thoughtfully and intentionally curated to provide ongoing support and reminds the recipient that they are loved. It also provides a bright spot for them to look forward to each month. The items in the Forever Love Box are designed to gently nudge a grieving mother towards healing, ever so softly and purposefully. Each item takes into consideration the healing tenants of Post Traumatic Growth. Post Traumatic Growth is generally defined as the positive change experienced as a result of the struggle with a major life crisis or a traumatic event.

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Please see our website at http://foreverloveboxes.com

And our facebook page at https://www.facebook.com/ForeverLoveBoxes/

^{*}https://www3.nd.edu/~wevans1/working_papers/Espinosa_evans_EHB.pdf

[&]quot;Maternal bereavement: The heightened mortality of mothers after the death of a child"