



The intent of this program is
for all of our guests to enjoy
a loving environment.



CENTRAL ISLAND
HEALTH CARE
LGBT PROGRAM

45%

Recent studies have shown that 45% of LGBT older adults live alone, and are therefore at greater risk of disability, poor health, and mental distress.

About one in three have difficulty identifying someone in their lives to provide assistance if needed.



The National Gay and Lesbian Task Force's Aging Initiative estimates that there are approximately 3 million Americans over the age of 65 who are LGBT, a figure likely to double by 2030.

LGBT elders represent a generation that lived through years of fear. Invisibility was a common strategy employed to ensure safety. Social prejudice and institutional discrimination resulted in a fear of being identified. To the extent that invisibility continues today, it remains a barrier to assessing LGBT older adult needs and providing proper support and services.

Services and Advocacy for LGBT Elders (SAGE), the nation's largest social service and advocacy group for this population, reports one study suggesting that LGBT seniors may be as much as five times less likely to access needed healthcare and social services.

At Central Island Healthcare, we feel that it is time to address this unfortunate omission from the healthcare community's radar. It is our goal for everyone – regardless of race, religion, age, disability, or sexual orientation – to feel safe, secure, and comfortable while receiving an extraordinary level of clinical, social, and psychological care.



Whether seeking short term in-patient physical rehabilitation or long term skilled nursing care, all LGBT guests can benefit from the Central Island Healthcare LGBT Program.



LGBT guests are invited to join our Central Island Healthcare LGBT Planning Council, where you will have the opportunity to discuss and contribute to program planning, advising Management regarding the ongoing development of our program to ensure that it addresses the needs of everyone.

After a short term stay, our Central Island Healthcare social workers and discharge planners work with SAGE-LI to assist each guest with available community based resources to ensure continued success and improvement once returning home.

Offering an elite level of short term rehabilitation and skilled nursing care since 1969, Central Island Healthcare is located in Plainview, Long Island. Located across the street from Plainview Hospital and minutes from the Southern State Parkway, Northern State Parkway, and the Long Island Expressway, Central Island Healthcare is easily accessible from all areas of Long Island and NYC.

We invite you to call our Admissions Department (516.433.0600 ext 230) to schedule a tour of our newly renovated facility and to answer any questions or concerns that you may have. We look forward to hearing from you.

A 2001 study by Funders for Lesbian and Gay issues found that 75% of LGBT seniors interviewed reported not being completely open about their sexual orientation to healthcare workers.

75%

Working in close concert with the LGBT Network and SAGE Long Island, Central Island Healthcare has developed a comprehensive program to finally address the needs of the LGBT community in an in-patient healthcare facility.

The intent of this program is for all of our guests to enjoy a loving environment – where each guest can be proud of who they are, and never feel ashamed or afraid. In an environment where ALL staff and physicians have been trained to understand the clinical and social needs of the individual. In a place



27%

According to the 2006 study "Out and Aging: The MetLife Study of Lesbian and Gay Baby Boomers," more than one quarter (27%) of LGBT baby boomers reported great concern about discrimination as they age, and less than half expressed strong confidence that healthcare professionals will treat them properly.

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where professionals from SAGE have educated front line staff on challenges that the LGBT community has historically faced, and therefore have the sensitivity needed to properly address these complex issues with dignity and respect.

In creating an environment where LGBT guests are encouraged to feel comfortable revealing their orientation, the Central Island team can properly focus on each person's individual needs. In addition to our standard high level of healthcare offered to all guests, our LGBT Program has an additional layer specifically designed to encourage socialization and camaraderie among our LGBT guests; to avoid isolation; to share individual experiences and challenges along the way.

SAGE Long Island extends a warm invitation to our guests to attend a weekly Mingle Series at their Woodbury location – an excellent opportunity for Long Island LGBT older adults to meet in a relaxed environment. Additionally, SAGE Long Island offers a Friendly Visitor Program designed to reduce isolation and increase socialization for LGBT adults who are staying at Central Island and unable to access SAGE services.





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centralislandhealthcare.com



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