

## Clinic of Integrative Insomnia Management

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## PRESS RELEASE

FOR IMMEDIATE RELEASE

## First Month Free Treatment and Food Drive at CIIM Community Acupuncture

CIIM Community Acupuncture, an affordable, safe, effective acupuncture clinic with a sliding scale of \$15 - \$35 per treatment, will host a Free Treatment Grand Opening Open House from Thursday, August 9 through Sunday, September 9, 11:00 am – 7:00 pm. Free acupuncture treatments will be provided for all patients including headaches, chronic pain, arthritis, anxiety, insomnia, digestion, allergies, depression, hormonal issues and more. Call (949) 706-4199 or book your free appointment online at www.IntegrativeInsomnia.com.

CIIM will also kick off their early Fall Food Drive on August 9. They will be collecting non-perishable food items from August 9 through September 9 to support the OC Food Bank. Canned goods, dry foods such as macaroni & cheese, oatmeal, rice, pasta, cereal and pancake mix are much appreciated. In addition, CIIM will donate 2% of their profits from the second month to the Food Bank.

"We are proud to be teaming up with the community to conduct our 1st Food Drive for the OC Food Bank," says CIIM owner and Dr. Trang Pham, DACM, L.Ac. "It is our goal to seek better ways to help our community from promoting optimal health with acupuncture to reducing hunger through community food drives."

Acupuncture treatments are provided on a sliding scale, from \$15 - \$35 per treatment (plus a one-time new patient paperwork fee of \$10). In the book *Acupuncture is Like Noodles* written by Lisa Rohleder et. al. (2009) stated that "Acupuncture is a lot like noodles...Noodles are made from many different ingredients, all over the world, and prepared in widely different ways. Noodles and acupuncture are both flexible, nourishing, and potentially very, very inexpensive."

Their highly-trained doctor of acupuncture offers a very safe and gentle form of medicine for an enormously wide range of conditions including headaches, indigestion, pain, arthritis, anxiety, stress, depression, seasonal allergies and PMS. That is only a partial list. CIIM is open Thursday through Sunday, from 11 am-7:00 pm. The clinic is located at 520 N Brookhurst St, Ste 102, Anaheim, CA. For more information, call (949) 706-4199 or go to http://www.IntegrativeInsomnia.com.