

ONE SIZE DOES *NOT FIT ALL*

Tailor your employee wellness program to *your employees* with

BurgioHealth ALLIANCE[®]

- Individualized employee wellness programs based upon company specific demographics, employee needs and healthcare cost drivers.
- On-site interactive opportunities for employees to learn, engage, and experience a wide variety of health related programming that promotes and encourages healthy lifestyle behaviors.
- Focus on prevention vs. early intervention through holistic approaches.
- Provide access to therapies/workshops/classes that address all areas of health to include physical, emotional, financial, and mental.
- Membership for employees and their families in the BHA Network for on-line access and discounts to local practitioners in nutrition, chiropractic, yoga, massage therapy, acupuncture and much more.
- Continuing education through seminars, videos and research articles.

Programming Offered

Chiropractic, acupuncture, massage therapy, meditation, yoga/pilates, holistic nutritional counseling, reiki/reflexology, holistic financial counseling, homeopathy, group exercise, juicing, physical therapy, life coaching, health fairs.



BurgioHealth ALLIANCE[®]

Alternatives for better health and saving money.