

ISBN: 9781543978858 Self-Help, Personal Growth, Success, Manhood Paperback \$14.99 Kindle \$6.99 Release Date: 11/1/2019

REVIEWS

"This is great book!!!!!"

"Eye Opener"

"Masterpiece on Manhood"

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Available on paperback and e-book through Amazon, Barnes and Noble, other book outlets, and through BookBaby at https://store.bookbaby.com/boo kshop/book/index.aspx?bookURL =Triumphant-The-Journey-to-Healthy-Manhood1.

Wisdom Seeker Publishing

BOOK ANNOUNCEMENT

A New Powerfully Insightful Book for Men!!!!

A new book, "Triumphant: The Journey to Healthy Manhood," provides powerful insights to men on how they can live a more positive, healthy, and fulfilling expression of masculinity. Written by author, A. Moriel McClerklin, "Triumphant" offers a diagnosis—describing the challenges that men face, and a prescription, outlining strategies and steps to help men live a more positive and fulfilling life.

A. Moriel states: "Today, people are challenging old patriarchal and chauvinistic definitions of manliness and discarding them as outdated. In their place, new definitions of manhood are being written, and rightfully so. Added to these changes in how manhood is being defined, are industrial shifts that are now threatening the traditional role of men as breadwinners, thereby forcing them to search for new sources of male pride, purpose, and meaning. During this period of transition from the social norms and economic structures of the past, men are struggling to keep their footing on the paths of masculinity they are walking today. In fact, all the signs suggest today's men, young and old, are facing a deep crisis of the soul and spirit as they try to navigate these times."

In 2018, the Counseling and Mental Health Center at the University of Texas at Austin declared masculinity as a "mental health issue," based on research revealing that men are increasingly displaying signs of mental and emotional trauma from the challenges of being men in today's world. Based on their declaration, the center emphasized the need for men to be given the tools, skills, and knowledge to address their challenges and stresses in mentally and emotionally positive ways. "Triumph" was written to provide such knowledge.

A. Moriel had this to say on the value of the book for men: "There is awesome potential in every man. Every man is wired for greatness and heroics. Every man holds treasures inside himself to offer to the world. To tap into higher dimensions of themselves and live their true potential, men only need to acknowledge their ability to grow and change for the better. This book is a guide to help men on their journey to the inward changes that lead to triumphant living."

About the Author

A. Moriel McClerklin is the author of several issue-driven, fiction and non-fiction books that speak to matters of mind, body, and soul. He is also a sought-after speaker and guest expert for local and national media outlets.

A. Moriel McClerklin lives with his family in Chicago, Illinois.