

Jamie Rae Wright



Jamie R. Wright is a Domestic Violence Survivor, a powerful Speaker, Coach, Activist, Advocate & Author of the upcoming book, *“The Power of Overcoming Shame and Learning to Love Yourself Again”*. She endured sexual, emotional and physical abuse as a child before becoming a victim of domestic violence as a woman. As an advocate and activist for domestic violence survivors, she motivates, encourages, and empowers others to overcome and transform their shame and trauma into self-love, healing, and happiness.

Despite her trauma of abuse, depression, attempted suicide, and becoming a mother at 14 years old, Jamie’s ability to excel professionally is nothing short of impressive. Jamie has served

nearly two decades with the federal government in finance and auditing, spending nearly two years in Afghanistan in support of Operation Enduring Freedom. Jamie is disciplined and focused receiving several certifications as a CGAP, CFE, CICA, a Joint Civilian Service Commendation, a NATO Medal of Service Award, and an Expeditionary Medal for Global War on Terrorism.

It is no wonder that her acts of exceptional service and perseverance inspired her to become an ambassador of domestic violence in the community. In 2020, Jamie founded *Jamie R. Wright* and is the creator of *5 Essential Steps to Healing*. Jamie has appeared on *60 Minutes Quiero*, *BBC News*, *Houston Area Women's Center (HAWC) Leadership Campaign and Believe Luncheon*, CBS and is currently scheduling her 2020/2021 Speaker Tour. Through her humility she has inspired the hearts and minds of thousands to create a new lens and conversation about domestic violence and the emotional, mental, and often times, physical impact(s) of it.

As a humanitarian, *Jamie R. Wright* gives a portion of her proceeds to several non-profit organizations including the Houston Area Women’s Center and Unsilenced Voices. Jamie is humorous, relatable and a mother to two beautiful daughters. She currently resides in Texas and enjoys her new found freedom in life! You can contact Jamie at www.jamierwright.com or overcoming@jamierwright.com.

