

## Clubhouse International CEO Featured on PBS Broadcast During Mental Health Month

New York, NY, May 4, 2023 – The eighth season of Healthy Minds with Dr. Jeffrey Borenstein debuts nationally during Mental Health Awareness Month in May, and will feature Clubhouse International Executive Director and CEO, Joel D. Corcoran.

The new season of **Healthy Minds** includes 13 new half-hour episodes, presenting inspiring personal stories of people living with mental illness and experts who share insightful information on a variety of topics in mental health, including new approaches to mental health care.

Mr. Corcoran speaks with Dr. Borenstein about the work of Clubhouse International providing accessible recovery opportunities for people living with mental illness around the world by integrating the Clubhouse Model into community-based systems of care. The episode explores the unique strengths of the Clubhouse Model which is designed to give people living with mental illness what they need beyond medication and therapy: help securing jobs, education, housing, a safe space to find community, and more; and a place where they can also give back to help others.

"Today there is increased openness to discussing mental health, however stigma and misunderstanding remain prevalent and still often keep people from seeking help for themselves or their loved ones," says Jeffrey Borenstein, M.D., President and CEO of the Brain & Behavior Research Foundation. Dr. Borenstein, who developed the series and serves as its host and executive producer, adds, "Healthy Minds inspires conversations about mental illness, provides understandable information and resources for viewers, and demonstrates that with help, there is hope."

Clubhouse International is pleased to be featured alongside other leading mental health organizations, such as National Alliance on Mental Illness (NAMI), the Headstrong Project and American Foundation for Suicide Prevention; and mental health leaders such as, Kay Redfield Jamison, Ph.D.

<u>Click here to listen on PBS.org</u>, or check if it is being broadcast on your local public TV station by <u>clicking here</u>.

Clubhouse International is honored to be the recipient of the *Honorary 2022 Pardes Humanitarian Prize in Mental Health*, awarded by the The Brain & Behavior Research Foundation. The Pardes Prize recognizes the Clubhouse Model of psychosocial rehabilitation as a rights-based approach to recovery that expands access to care for people living with mental illness around the world.



**Clubhouse International** is the only global mental health nonprofit that expands and enhances recovery opportunities for people living with mental illness by integrating its proven recovery model into community-based systems of care worldwide.

Clubhouse International coordinates and connects a global network of Clubhouses that are based on the Clubhouse Model of psycho-social rehabilitation which is recognized by the *World Health Organization* as an example of a rights-based approach to recovery. Today, there are nearly 350 Clubhouses operating in 34 countries that work to end social and economic isolation for people living with mental illness. Clubhouses offer resources and opportunities for recovery through friendship, employment, education, wellness, and social programming. *There is no health without mental health*.

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