

Fact Sheet - Longevity World Cup 2025

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Website: <https://www.longevityworldcup.com>

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Overview

The Longevity World Cup (LWC) is the first sport where age is an advantage. Competitors-known as longevity athletes-aim to improve their results on biological aging clocks. Rankings are based on the gap between biological and chronological age, with larger reversals earning higher placement.

Season Format

- Annual Seasons: Each year uses a different biological aging clock to keep competition fresh and aligned with cutting-edge science.
- 2025 Clock: PhenoAge, calculated from standard blood biomarkers (albumin, creatinine, glucose, CRP, lymphocyte %, MCV, RDW, ALP, WBC).
- Season Dates: Each season runs from January to the following mid-January. Only test results from January 1 to December 31 of that calendar year are valid.
- Leagues: Includes an "ultimate league" plus generational leagues, so athletes can win in their own age bracket even if not at the top overall.

Prizes

- Ultimate League Prizes: Top 3 athletes receive Bitcoin payouts.
- Prize Pool Funding: 90% of Bitcoin donations go to prize money; 10% covers organization costs.
- Payouts: Mid-January, in Bitcoin. Wallet setup help provided.

Key Facts

- Launch Year: 2025

- Participation: Open to anyone who can submit valid test results.
- Registration: Available at <https://www.longevityworldcup.com>

Background

The Longevity World Cup was founded by the creator of Wasabi Wallet, the most popular anonymous Bitcoin wallet.

2025 Key Dates

- **Season Start: Mid-January 2025**
- **Results Valid: January 1 - December 31, 2025**
- **Season Close & Payouts: Mid-January 2026**

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