



**Aging in Place**  
— NORTH CAROLINA —  
AGINGNC.COM

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## FOR IMMEDIATE RELEASE

# Aging in Place North Carolina Announces “Well Lived NC Expo” — A Family Event Blending Education, Community, and Fun

Morrisville, NC — April 2, 2026 — Aging in Place North Carolina is proud to announce the Well Lived NC Expo, a dynamic and engaging community event taking place on Saturday, June 27, 2026, from 1:00 PM to 5:00 PM at Netsports, located at 3717 Davis Dr., Morrisville, NC.

Designed for seniors and their grown children, this FREE, open-to-the-public event will bring together education, resources, and fun activities. The Well Lived NC Expo aims to empower families with the tools and confidence to live safely, independently, and comfortably at home—while enjoying a fun, high-energy experience.

## Growing Need in North Carolina

North Carolina is experiencing a significant demographic shift. By 2030, one in five residents will be age 65 or older, and the state’s senior population is expected to more than double from 2010 levels. At the same time, millions of adults are stepping into caregiving roles for aging parents—often without the resources or guidance they need.

The Well Lived NC Expo was created to meet this moment.

## A New Kind of Event: Information Meets Experience

Unlike traditional senior-focused events, Well Lived NC is designed to be interactive, engaging, and genuinely fun—making it a destination for the entire family.

### Meet Trusted Professionals:

- Medical support providers
- In-home care and service companies
- Financial and retirement planning experts
- Insurance professionals
- Therapy and wellness providers
- Sports & fitness organizations
- Construction and home modification specialists

### What You’ll Learn

- How to safely remain in your home long-term
- Smart planning strategies for future living
- Practical solutions to improve comfort, mobility, and safety
- Confidence-building insights for both seniors and their families

## A Movement, Not Just an Event

“Aging in place is no longer a niche idea—it’s a growing movement,” said **Del Scheitler, Founder & CEO of Aging in Place North Carolina**. “We’re bringing together an incredible group of local businesses and experts to help families understand what’s possible. Our goal is to create an event that’s not only informative, but genuinely exciting—where people can learn, connect, and have a great time together.”

Scheitler added, “The reality is, we are all aging in place—no matter our age. I believe the later chapters of life should be just as **well lived** as the earlier ones. Many grown children are already navigating caregiving for their parents, or at the very least are thinking about their safety and future. This event provides families with the knowledge, resources, and confidence to plan ahead—together.”



## Fun, Interactive Activities for Everyone

This is more than an expo—it’s an experience.

Guests can enjoy:

- Pickleball Challenges (a major highlight and crowd favorite)
- Line dancing
- Field sports
- Fitness sessions
- Food trucks and refreshments
- And more engaging activities throughout the day

## Why This Event Matters

- **By 2030, 1 in 5 North Carolinians will be 65+**
- The demand for aging-in-place solutions is rapidly increasing
- Millions of families are navigating caregiving decisions without guidance

The Well Lived NC Expo brings that mission to life in a powerful way by making critical information accessible, approachable, and engaging. The event is designed to bring together seniors, their grown children, and local businesses in a high-energy, interactive environment focused on aging in place, independence, and quality of life.

Well Lived NC fills that gap by creating a space where:

- Families can learn together
- Seniors can feel empowered
- Businesses can connect directly with their audience

This is not a traditional expo—it's an experience-driven event combining:

- Education
- Local resources
- Community engagement
- Fun, active participation

## Event Details

- Well Lived NC Expo
- Saturday, June 26, 2026
- 1:00 PM – 5:00 PM
- Hosted at Netsports located at 3717 Davis Dr. Morrisville, NC
- FREE and open to the public

## Vendor Interest

If your business is interested in participating, please contact Jessica Cunningham, CAPS, Business Development, at [Jessica@agingnc.com](mailto:Jessica@agingnc.com) or 919-234-7433.

## Learn More

For additional details, visit: [www.WellLivedNC.com](http://www.WellLivedNC.com)

## About Aging in Place North Carolina:

Aging in Place North Carolina helps homeowners and their families create safer, more functional living environments through expert home evaluations, thoughtful design, and strategic modifications. Our mission is to empower individuals to live independently and confidently in the homes they love—at every stage of life. From safety assessments and home modifications to ongoing repair and support services, we help loved ones stay safe and supported. Our team includes CAPS (Certified Aging-in-Place Specialists)—trained professionals who ensure every solution is designed for safety, accessibility, and long-term independence. Learn more at [agingnc.com](http://agingnc.com).

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