

The Science of Xanthoness

Understanding the Research behind this Potent Antioxidant, the Nutritional Firepower in XanGo® Juice

Antioxidant Power of Xanthoness

A powerful antioxidant, xanthoness are a family of vigorous phytonutrients. Research supports the role of xanthoness in minor muscle pain, immune system support, joint flexibility and intestinal health.*

Previous studies and ongoing research recognize xanthoness for the following benefits:

- Bolstering of the cell's defense against free radicals in the body and maintenance of cell integrity.^{9-12*}
- Support of a healthy immune system.^{4, 6-8*}
- Support of cartilage and joint function and flexibility.^{13-16*}
- Maintenance of intestinal flora and regularity as well as support of intestinal health.^{1-5*}
- Maintenance of a healthy seasonal respiratory system.^{14*}

Nature's Greatest Xanthone Source

The mangosteen fruit, or *Garcinia mangostana*, is found primarily in Southeast Asia. The mangosteen fruit is composed of the rind (skin of the fruit), the pulp (four to eight segments) and the seeds (usually two to three seeds). Studies show the mangosteen is nature's greatest supply of xanthoness, the highest concentration of which resides in the fruit's pericarp, which includes the rind and the pulp. According to research, the mangosteen including the pericarp, as found in XanGo Juice, is the source of close to 40 different xanthoness.

The pericarp of the mangosteen has been used traditionally for centuries as an herbal preparation. Though the fruit also was touted for its biological properties, its divine taste made the mangosteen venerated.

Numerous independent investigators have researched and reported on the benefits of the mangosteen.

XanGo® Juice: A New Category of Supplements is Born

Recognized as a category creator, XanGo Juice is a delicious dietary supplement that harnesses the nutritional attributes of the whole mangosteen fruit through a proprietary formula.

Made from an exclusive puree of the complete mangosteen fruit, XanGo Juice is a concentrated source of xanthones. Research shows xanthones possess potent antioxidant properties that may help achieve a healthy seasonal respiratory system, boost immune-system health, promote joint flexibility and maintain intestinal health.*

Through its exclusive whole-fruit mangosteen puree process, XanGo captures the benefits of the entire fruit in its market-leading XanGo Juice. XanGo's founders referenced decades of mangosteen studies to support their discovery of a singular dietary mangosteen supplement with a sensational taste. One to three ounces each day is recommended to unleash the power of xanthones in XanGo Juice.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

The Research

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